



MEMBER OF THE APPALACHIAN TRAIL CONSERVANCY AND THE KEYSTONE TRAILS ASSOCIATION

## PRESIDENT'S MESSAGE

### Days Too Beautiful To End

There is something about a perfect day that makes us wish that it could go on forever. Think of any hike you've been on recently, and I'll bet you felt this way long after you've reached the destination, packed up, and headed home. The escape from work-a-day stress, the sense of belonging to nature, the endless parade of flora and fauna, the scents and sounds of the forest, are literally intoxicating, the frustrations of the world melt away and the day is simply perfect. The arrival of sunset seems way too soon.

We have been blessed this spring with many sunny, dry days to experience this endless bliss; it's been a fruitful season of great outdoor activities and trail maintenance. The summer schedule likewise is full of a varied selection of events to please hikers of every level. Our hike leaders have carefully selected their favorite trails to share the magic of endless days. Additionally, we look forward to the July meeting with the Potluck Picnic, which is always a fun time for all.

So, what is your favorite place to hike? That is a question as complex as "What is your favorite color, food, music, or movie," or whatever. There really is no definite answer. The favorite place is where you happen to be at the moment, with the sun shining (or not), with the solid earth under your feet, the sky above, and Mother Nature in her glory all around. While it is nice to return to certain trails again and again, it can be absolutely exhilarating to explore new territory and break away from our comfort zones. To this end, it is not too late to pack up and head to Westminister, Virginia for the Appalachian Trail Conservancy's 2015 Biennial Conference, which we talked about extensively in the Spring newsletter. Find complete details at [www.appalachiantrail.org](http://www.appalachiantrail.org), You can be certain this experience will provide many days too beautiful to end!

Alas, speaking of sunsets, the sun has set on two deeply loved and highly esteemed members of the AHC. Jim Murray, who was active in the club decades ago in the '80's, and who contributed so much by leading hikes and participating in other club activities, passed away in early spring. Janet Goloub, a former club president and active member up until her final days, succumbed to a devastating illness in late April. Janet worked tirelessly for the good of the club and for numerous nature-centered organizations. Recaps of the lives of these two fine colleagues are found later in this newsletter. We thank them for their many contributions to the Allentown Hiking Club, and bid them a fond farewell.

Lucy Cantwell  
AHC President



## Allentown Hiking Club

P.O. Box 1542—Allentown, PA 18105-1542

Sponsored by City of Allentown Department of Parks and Recreation

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Library..... Holly Vogler - (610) 820-0162	

### Deadlines for the Fall 2015 Newsletter & Schedule

**Happy Hiker Newsletter**

**Wednesday, August 26, 2015**

**Activity Schedule**

**Wednesday, August 26, 2015**

**Please forward all club related articles, thoughts, and items to the Newsletter Editor by mail or, preferably, by email.**

**Send all hiking schedule activities to the Hiking Schedule Coordinator.**

### Welcome to Our New Members! - Summer 2015

Erna Lake --Slatington, PA  
Cheryl Sell -Laubach --Emmaus, PA  
Patricia Hershman --Wescosville, PA  
Ellen Appell --Allentown, PA  
David Povenski --Macungie, PA  
Ray Terek & Laura Zitzer --Phillipsburg, NJ  
Elizabeth Uhl --Coopersburg, NJ  
Jeff & Esther Wenck --Allentown, PA

Mark, Lisa, Alyssa & Kara Bonenberger --Walnutport, PA  
Kiana Shields --Allentown, PA  
Charles Keiser --Walnutport, PA  
Lisa Scheller --Allentown, PA  
Denise Goller --Bethlehem, PA  
Mike & Terry Iacocca --Whitehall, PA  
Barbara & Jeff Lindtner --Quakertown, PA





## Empty Boots



Three of our very special members have passed. We will always remember the energy, love and commitment that they gave to the Allentown Hiking Club. We will miss you.

### **Janet Goloub**

Written by Barb Wiemann

Janet Goloub, 77, a respected Honorary Member of the Allentown Hiking Club, died April 29 at home. Despite being diagnosed with cancer 26 years ago, Janet led an active life and volunteered her time and talents to support our club and the Appalachian Trail.

After joining AHC, Janet became a hike leader and volunteered for trail maintenance and corridor monitoring tasks. In 2001, she accepted a seat on the Pennsylvania Appalachian Trail Advisory Committee and served until her death. Janet was elected Committee Secretary, a position she held for many years.

Janet served as AHC vice-president for three years (2000-2002) and president in 2003 and 2004. She faithfully attended monthly meetings, including the April 2015 meeting.

An enthusiastic hiker, Janet section hiked the Appalachian Trail, completing her trek in 2009. She loved the outdoors and traveling and incorporated hiking in her travel adventures. For many years Janet provided a shuttle service in eastern Pennsylvania for A.T. section hikers.

In recognition of her many contributions to the club, Janet was named an Honorary Member in 2010.

Janet had many interests and was active with many other Lehigh Valley organizations, including LEPOCO Peace Center, the Lehigh Valley Arts Council, radio station WDIY (where she had a classical music program and was librarian for 20 years), and the Camerata Singers.

Janet is survived by her life partner Martin Boksenbaum, her two children Laura and Ivan Goloub, and two grandsons Ian and Elijah Goloub. AHC offers our sincerest condolences to her family.

AHC made a memorial contribution in Janet's name to the Leigh Gap Nature Center.

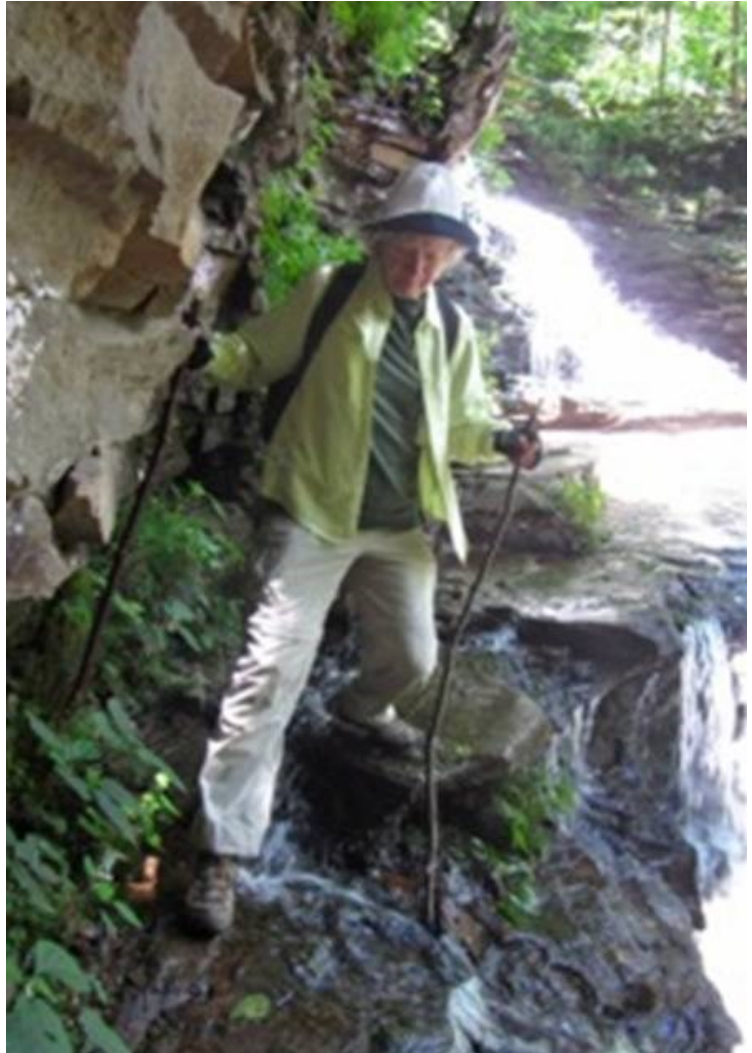


Photo submitted by Pam Root



**Empty Boots, Continued from page 3****In Memory of Jim Murray**

By Carol Crowell

The Hiking Club wishes to extend our sympathy to Karen Klobassa Murray on the recent death of her husband, Jim, following prolonged illness. Jim, known to many of his friends as "Murf", was an AHC member for many years, acting as a hike leader and trail maintainer. He and Karen hosted club picnics at "Murf's Turf", their home in the woods near Coopersburg. Although he was a quiet man, Jim loved to celebrate (especially on St. Patrick's Day) with good cheer and good beer. Following a career in real estate at Bethlehem Steele, Jim spent many hours volunteering with charities such as Habitat for Humanity and the Wildlands Conservancy, as well as renovating their own home. Wherever you are now, Murf, have a round on us!

**Floyd Martin**

By Barbara Wiemann

Floyd Martin, 68, died unexpectedly on August 27, 2014 in Maui, Hawaii. Floyd loved hiking, biking, mountain climbing, and skiing. He spent many years teaching his children to love the outdoors. He was a member of AHC and Keystone Trails Association.

**MEMBERSHIP APPLICATION**

INDIVIDUAL MEMBERSHIP DUES ARE \$10.00 PER CALENDAR YEAR FROM JANUARY TO DECEMBER, AND RENEWALS MUST BE MADE BEFORE JANUARY 31ST TO STAY ON THE CLUB'S MEMBERSHIP ROLLS. DUES CAN BE PAID AT THE MONTHLY MEETING OR MAILED TO THE CLUB

**MEMBERSHIP****Paula Uhrin: 283 Ridgeview Drive, Alburtis Pa. 18011**

NAME(S):

ADDRESS:

CITY:

STATE:

ZIP:

—

PHONE:

RENEWAL

☐

NEW

☐

EMAIL:

\_\_\_\_\_ Dues @\$10.00 / \$15.00 Household

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SML MED LRG XLG

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SML MED LRG XLG

\_\_\_\_\_ Club T-shirt @ \$6.00 + \$3.50 shipping ea.

\_\_\_\_\_ Club golf shirt @ \$12.00 + \$3.50 shipping ea.

\_\_\_\_\_ Club Embroidered patch @ \$1.50 + \$.75 shipping ea.

\_\_\_\_\_ Club window decal @ \$2.50 + \$.75 shipping ea

\_\_\_\_\_ Club window cling decal @ \$2.50 + \$.75 shipping ea

Checks payable to "Allentown hiking Club"

Total enclosed \_\_\_\_\_

☐

Yes - Please sign me up for the Allentown Hiking Club's email list --- the AHC Forum

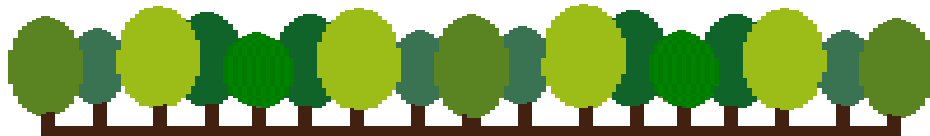






### Lock 2 Maintenance

The Allentown Hiking Club held its semi-annual maintenance work day at Lehigh Canal Lock 2 (between Glen Onoko and Jim Thorpe) on November 8. Six volunteers trimmed vegetation from the top and area around the lock, cleared the access trail, removed invasive plants, and exposed more of the headwall of the lock. In this photo, Jim Gabovitz cuts away vegetation growing on the wall of Lock 2.



### Corridor Report

Corridor report and photo of club members with the pieces of the tree stand.

The caption for the photo of the group with the tree stand:

The work crew poses with pieces of the tree stand. Left to right are Brian Green, Carl Griffin, Anne Griffin, Dan Ahrens, Barb Wiemann, Ed Ritter, and Ginny Musser. Photo by Mike Cantwell.





### AHC attends Boy Scout Jamboree

On May 16, four hiking club members traveled to Kutztown, PA to attend the 2015 triennial Jamboree hosted by the Minsi Trails Council of the Boy Scouts of America. As a vendor organization, our challenge was to promote our club, our activities, and to stimulate interest in the outdoors in the future generation of hikers. The event, held on the grounds of Kutztown University, drew an estimated 4000 people, including leaders, family members, and of course the scouts themselves.

Equipped with displays of hiking and backpacking gear, trail maps, and our knowledge of area hiking opportunities, Gene, Edna, Lucy and Mike spent the day talking with leaders, parents, and children, advising them about the best places for day hiking or overnight camping for their particular troops' ability levels. The kids especially loved poking around our equipment and taking home copies of the Happy Hiker. The leaders were more than grateful to learn of so many hiking trails in the area that are easily accessible and of moderate challenge to their kids' age groups. We left with a resolve to attend again next time, to inspire the younger generation whose duty it will someday be to maintain and pass on the legacy of our great Pennsylvania hiking trails.



Gene Scharle, Edna Himmler, and Lucy Cantwell at the Boy Scout Jamboree in Kutztown, PA

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"We do not go to the green woods and crystal waters to rough it, we go to smooth it. We get it rough enough at home, in towns and cities." - G.W. Sears

"I dressed and went for a walk - determined not to return until I took in what Nature had to offer." - Raymond Carver, *This Morning*

"Details of the many walks I have made along the crest have blurred, now, into a pleasing tapestry of grass and space and sunlight." - Collin Fletcher

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# Summer 2015 Hiking Schedule and Upcoming Events

FOR THE MOST CURRENT SCHEDULE OF EVENTS, CHECK OUR WEBSITE AT



## MEMBER OF THE APPALACHIAN TRAIL CONSERVANCY AND THE KEYSTONE TRAILS ASSOCIATION

The general public is invited to join us on hikes and other events. If a club or organization wishes to include one of our hikes as a formal activity on its schedule, we ask that it contact the leader in advance for permission.

Times listed are departure times; please arrive at least 15 minutes before the listed time. Starting times are strictly observed and appropriate clothing and sturdy shoes/boots should be worn at all times.

Generally, our pace is moderate with opportunities for resting and sightseeing. Every attempt is made to assist and encourage hikers, but we cannot be responsible for their safety on the trail. Any rugged outdoor activity entails risk, and we expect all participants to rely on their own judgment and good sense to take care of themselves and know their limitations. Anyone under 18 must be accompanied and supervised by an adult. Hikers are expected not to lag too far behind the main party.

We car-pool as much as possible to save fuel. PASSENGERS PAY DRIVERS 10 CENTS PER MILE TO DEFRAY FUEL EXPENSE. Drivers, please remember to check your mileage and let the passengers know how much mileage reimbursement they owe you.

Meetings are held at 7:30 pm the first Wednesday of the month at St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, Pa. Meetings include a discussion of the previous month's activities, as well as upcoming activities. Scheduling meetings are held quarterly for members to coordinate hikes/trips, etc. for the upcoming schedule. All members are invited and encouraged to schedule activities; we are a 100% volunteer organization, and it is up to members to keep the schedule filled.

## AHC HIKE RATING SYSTEM

In an attempt to assist hikers, a hike rating system has been set up to allow the hiker to judge his/her ability to complete the hike. The rating system will precede the Allentown Hiking Club's usual hike description. On multi-day outings such as backpacks, the rating for the hike will reflect the distance traveled on a per-day basis. Remember that the hike ratings are assigned by the hike leader, and are therefore based on the leader's subjective opinion. The rating system is:

RATING	DESCRIPTION (distance,terrain,pace)
<b>A+</b>	<u>Up to 7 miles, little climbing and easy terrain, 2 mph or slower</u>
<b>A</b>	<u>Up to 7 miles, some climbing and/or rocky terrain, 2 mph or slower</u>
<b>B+</b>	<u>Up to 7 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
<b>B</b>	<u>7-10 miles, some climbing and easy terrain 2 to 2.5 mph</u>
<b>C+</b>	<u>7-10 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
<b>C</b>	<u>7-10 miles significant climbing and/or rocky terrain, 2 to 2.5 mph</u>
<b>D+</b>	<u>10-12 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
<b>D</b>	<u>10-12 miles, significant climbing and/or rocky terrain, 2 to 2.5 mph</u>
<b>E+</b>	<u>Over 12 miles, some climbing and/or rocky terrain, over 2.5 mph</u>
<b>E</b>	<u>Over 12 miles, significant climbing and/or rocky terrain, over 2.5 mph</u>
<b>U</b>	<u>Hike unrated by hike leader</u>



<p>Thursday 7-2-15 6:00 pm</p> <p>Hike / bike / on-water distance: 8 miles</p> <p>Hike rating : C</p>	<p><b>Full Moon Pulpit and Pinnacle Loop Hike</b> Watch the moonrise from the Pinnacle</p> <p>Come and watch the full moon rise from the Pinnacle. This is an 8 mile loop hike, starting at the Hamburg Reservoir parking lot and then going up to the Pulpit and Pinnacle for spectacular views of the rising full moon. Sunset is at 8:38pm and moonrise is at 8:59pm. This is not a beginner's hike due to the ~1000' ascent, rocky terrain and nighttime conditions. Sturdy hiking boots are recommended. Bring a headlamp or flashlight, at least 2 liters of water and food/snacks. Rain or cloudy conditions cancels.</p> <p>Meeting place: Hamburg Reservoir parking lot, 420 Reservoir Road Hamburg, PA Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>
<p>Saturday 7-18-15 8:45 am</p> <p>Hike / bike / on-water distance: 8 miles</p> <p>Hike rating: C</p>	<p><b>Delaware Water Gap National Recreation Area Waterfall Hike</b> Three out and back hikes to see 8 very scenic waterfalls in the DWGNRA. NOTE: Those with vertigo or acrophobia should avoid this hike.</p> <p>The first hike, while short, has 2 steep ascents where you will be grabbing roots and rocks for assistance. Your reward? 3 very nice waterfalls, 2 with swimmable pools, so wear a bathing suit if you're so inclined. The second hike also features 3 nice falls, one with a pool. This hike follows Hornsbeck Creek and features 2 scenic gorges also. The third hike will take us back to Silverthread Falls and Dingman's Falls. Bring water and lunch. Hiking boots are highly recommended. Heavy rain cancels. This is an all day hike, so please don't make plans for the early evening.</p> <p>Meeting place: Meet at the Park &amp; Ride lot at the intersection of PA 33 and William Penn Highway. We will carpool to the hikes. Leader: David Povenski 610-462-7704</p>
<p>Sunday 7-19-15 9:00 am</p> <p>Hike / bike / on-water distance: 6 miles</p> <p>Hike rating: A</p>	<p><b>Glen Onoko, Broad Mtn., Overlook, Lehigh Gorge Loop Hike</b> Steep climb up Glen Onoko and rough downhill. Bring lunch and water.</p> <p>Meeting place: Rite Aid parking lot in Walnutport. Leader: Richard Saul 610-767-6813</p>
<p>Saturday 7-25-15 9:00 am</p> <p>Hike / bike / on-water distance: 6 miles</p> <p>Hike rating: B+</p>	<p><b>Janet Goloub Memorial Hike-Walking Purchase Park</b> Visit to Janet Goloub's gravesite in Fountain Hill Cemetery.</p> <p>This will be followed by a 6 mile exploratory hike in Walking Purchase Park.</p> <p>Meeting place: Dodson Park, Dodson Street, Fountain Hill, PA. Leader: Kerry Snyder 610-737-7768</p>
<p>Sunday 7-26-15 10:00 am</p> <p>Hike / bike / on-water distance: 4 miles</p> <p>Hike rating: A+</p>	<p><b>Seven Tubs Natural Area Hike/Swim</b> A short hike along the chutes, drops and pools of the Seven Tubs.</p> <p>We will warm up with a short 2 mile hike, then stop for lunch. Another short walk will lead us to a swimming hole where we can cool off before we return to the cars. Wear a swimsuit or something you don't mind getting wet. Bring lunch, liquids, sunscreen and a change of clothes. NO PETS!</p> <p>Meeting place: Motel parking lot at Rts. 22 and 309. Leader: Gene Scharle 610-432-5652</p>





<p>Friday 7-31-15 5:15 pm</p> <p>Hike / bike / on-water distance: 8 miles</p> <p>Hike rating: C</p>	<p><b>Blue Moon Pulpit and Pinnacle Loop Hike</b> Watch the blue moon rise from the Pinnacle! Come and watch the blue moon rise from the Pinnacle. This is an 8 mile loop hike, starting at the Hamburg Reservoir parking lot then going up to the Pulpit and Pinnacle for spectacular views of the rising full moon. Sunset is at 8:21pm and moonrise is at 8:22pm. This is not a beginner's hike due to the ~1000' ascent, rocky terrain and nighttime conditions. Sturdy hiking boots are recommended. Bring a headlamp or flashlight, at least 2 liters of water and food/snacks. Rain or cloudy conditions cancels.</p> <p>Meeting place: Hamburg Reservoir parking lot, 420 Reservoir Road Hamburg, PA Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>
<p>Tuesday 8-4-15 10:15 am</p> <p>Hike / bike / on-water distance: 5.5 miles</p> <p>Hike rating: A</p>	<p><b>Scenic Beltzville Hike</b> Hike the trails in the Wild Creek Cove section of Beltzville Lake. We will start the hike at the Wild Creek Trailhead. We'll do the Christman Trail counter-clockwise with a side trip on the Green Trail along the stream. We'll then have lunch at the waterfall, hike both the Falls Trail and Cove Ridge Trail before heading back to the cars. Bring water and lunch. Heavy rain cancels.</p> <p>Meeting place: Meet at the upper lot at the Lehigh Gap Nature Center and carpool to hike location. Leader: David Povenski 610-462-7704</p>
<p>Wednesday 8-5-15 7:30 pm</p>	<p><b>AUGUST MONTHLY MEETING</b> Starting at 7:30PM there will be a presentation to be announced. Following the presentation there will be a break for refreshments and our monthly business meeting.</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott St., Allentown, PA Leader: Lucy Cantwell 215-855-2793</p>
<p>Sunday 8-16-15 11:00 am</p> <p>Round trip road miles distance: 25 miles</p> <p>Hike rating: A+</p>	<p><b>Tubing</b> Tubing for about 3 miles. Float the Lehigh River from Treichlers Bridge to the dam in Northampton. Bring dry clothing and an INFLATED truck-size inner tube. Also remember sunscreen, sunglasses and a wide brimmed hat. Trucks/vans will be appreciated to help haul tubes to the starting point. NO PETS!</p> <p>Meeting place: Whitehall Mall between Sears &amp; The Auto Center. Leader: Gene Scharle 610-432-5652</p>
<p>Saturday 8-22-15 9:30 am</p> <p>Hike / bike / on-water distance: 8.5 miles</p> <p>Hike rating: C</p>	<p><b>Trexler Nature Preserve Perimeter Hike</b> Loop hike includes several long steep climbs, multiple scenic overlooks, and one stream crossing that requires water shoes. Wear sturdy hiking boots and bring at least 2 liters of water, lunch and snacks. Rain cancels.</p> <p>Meeting place: Trexler Environmental Center, 4935 Orchard Rd., Schnecksville, PA Leader: Kerry Snyder 610-737-7768 Co-leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>
<p>Wednesday 9-2-15 7:30 pm</p>	<p><b>SEPTEMBER MONTHLY MEETING</b> Monthly business and hike scheduling meeting for Fall 2015. Following the business meeting we will be looking to schedule hikes and other events for October, November and December 2015. These scheduled events will be published in our Fall Happy Hiker and posted on our website. Please complete the AHC Hike/Event form and give to the Hiking Schedule Coordinator.</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott St., Allentown, PA Leader: Lucy Cantwell 215-855-2793</p>
<p>Saturday 9-26-15 8:30 am</p> <p>Hike / bike / on-water distance: 10.6 miles</p> <p>Hike rating: D</p>	<p><b>AT Section Hike: Eckville to Fort Franklin</b> 10.6 mi AT Shuttle hike past Dan's Pulpit and Balanced Rock with 1000+ ft elevation gain.</p> <p>Wear sturdy hiking boots and bring at least 2 liters of water, lunch and snacks.</p> <p>Meeting place: Blue Mtn Summit Restaurant Parking Lot Leader: Kerry Snyder 610-737-7768 Co-leader: Pam Root 610-965-2213 pswilson01@aol.com</p>



**AHC Hike / Event Form - Please fill out all fields and give this to the Hiking Scheduling Coordinator at the scheduling meeting or see page 2 of The Happy Hiker for email and phone contact information.**

Date(s): \_\_\_\_\_ Time: \_\_\_\_\_  
 Leader: \_\_\_\_\_ email: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Co-Leader: \_\_\_\_\_ email: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Type Of Event (circle one): hike / meeting / maintenance / backpack / other  
 Round trip road miles: \_\_\_\_\_ Hike distance: \_\_\_\_\_ miles  
 Meeting Place: check \_\_\_\_\_ contact hike leader, or enter directions

Hike Rating (from AHC Hike Rating System): \_\_\_\_\_

Add this hike to Meetup.com ? yes / no (select one)  
 If yes limit hike to \_\_\_\_\_ hikers or no limit.

Event Title: \_\_\_\_\_

Description: A one-sentence description of the event that appears on the website Activities page, the main page, and in the AHC Weekly Update email.

Additional details that appear only on the Activities page



**Please Rush-Dated Material**

Allentown Hiking Club  
 P.O. Box 1542  
 Allentown, Pa 18105-1542  
[www.allentownhikingclub.org](http://www.allentownhikingclub.org)

