



MEMBER OF THE APPALACHIAN TRAIL CONSERVANCY AND THE KEYSTONE TRAILS ASSOCIATION

## **PRESIDENT'S MESSAGE**

### **Record High 739 Lbs. of Garlic Mustard Collected On Maintenance Hike**

On Sunday, May 22, about 20 AHC members gathered at the Rt. 309 crossing of the Appalachian Trail for our annual maintenance hike. As usual, we were prepared with gloves, trash bags, loppers, clippers, and lots of energy to tackle the cleanup of the trail. This year we broke into several groups, some making improvements to the treadway (repairing the steps and clearing forest debris near the Rt. 309 crossing), some wielding paint and brushes to rejuvenate faded blazes, and some of us attacking the jungle of garlic mustard that has invaded our section of the trail.



Weighting bags of garlic mustard

The removal of the garlic mustard was lead by Marian Orlousky of the Appalachian Trail Conservancy (ATC). Marian has been with us in previous years to guide us in identifying and pulling up this invasive plant species, and this year the goal of the ATC was to collect 3,100 lbs of garlic mustard, representing 100 lbs. from each of the 31 maintaining clubs over the entire length of the AT. We are pleased to report that on May 22 the Allentown Hiking Club collected 739 lbs., which was a record high for us, and second highest among all participating clubs. Congratulations and many thanks to all who came out for this very important work party - we made a significant contribution to the eradication of non-native plants along our section of the trail.

Special thanks also to Karen and Michelle, who, after working all morning painting blazes, set up



the picnic at Leaser Lake. The "after party" of hot dogs and sodas, and covered dishes and deserts contributed by all, was a fitting end to a successful day.

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## Allentown Hiking Club

P.O. Box 1542—Allentown, PA 18105-1542

Sponsored by City of Allentown Department of Parks and Recreation

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President..... Lucy Cantwell - (267) 664-3550 president@allentownhikingclub.org	Outerbridge Shelter Chair ..... Carl Griffin - (610) 760-0479 griffins2@verizon.net
Vice-President..... Karen Gradel - (215) 536-5857 kjgradel@gmail.com	KTA Representative ..... Ed Ritter - (610) 261-1847 critter888@verizon.net
Secretary..... Dick Fink - (610) 865-3925	Program Committee Chair..... Jim Gabovitz - (610) 262-3578 gabby@enter.net
Treasurer ..... Carl Griffin - (610) 760-0479 griffins2@verizon.net	Publicity..... Michelle Hinkle mmhinkle2009@gmail.com
Membership ..... Paula Uhrin membership@allentownhikingclub.org	Webmaster..... Hal Wright - (215) 630-2008 webmaster@allentownhikingclub.org
New Member Greeter .... Jim Gabovitz - (610) 262-3578 gabby@enter.net	Newsletter Editor ..... Susan Meyer - (610) 462-1310 susanjeanne2101@yahoo.com
Appalachian Trail Chair ... Ed Ritter - (610) 261-1847 critter888@verizon.net	Hiking Schedule Coordinator Edna Himmler - (610) 797-5182 ehimmler@ptd.net
A.T. Monitor Coordinator Barbara Wiemann - (610) 262-6977 blwiemann@gmail.com	
Library..... Holly Vogler - (610) 820-0162	

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## Deadlines for the Spring 2016 Newsletter & Schedule

**Happy Hiker Newsletter**

**Wednesday, September 15, 2015**

**Activity Schedule**

**Wednesday, September 15, 2015**

**Please forward all club related articles, thoughts, and items to the Newsletter Editor by mail or, preferably, by email.**

**Send all hiking schedule activities to the Hiking Schedule Coordinator.**



### Empty Boots

Helen E. Haldeman, age 97, an Allentown Hiking Club member for more than 50 years, died Monday, March 28, in her Catasauqua home. Helen loved to hike and joined the Allentown Hiking Club in 1963 when the club had about 60 members. After belonging for a couple of years, she volunteered to write a quarterly newsletter to be published with the hiking schedule. The membership agreed and adopted a name that Helen suggested: The Happy Hiker. Helen served as editor for more than 10 years.

Helen organized the club's slide nights at the West End Youth Center and social activities (at that time the only formal meetings were the quarterly scheduling meetings). Since club membership was small, AHC joined clubs from Reading and Harrisburg in weekend hiking trips, which Helen helped plan. In addition, she served as club vice-president.

Always an active member, Helen participated in trail work trips and earned the Keystone Trails Association Appalachian Trail and Merit Awards. After she was not able to participate in club hikes, Helen walked every day when the weather was decent.

In recognition of her contributions to AHC, Helen was elected an Honorary Member in 2000. The club made a memorial contribution in Helen's memory to the Appalachian Trail Conservancy.

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### Family Hiking Day - September 24, 2016

In conjunction with National Public Lands Day and the Centennial of the National Park Service, the sixth annual Family Hiking Day on the Appalachian Trail (A.T.) will be held on **September 24, 2016**. Family Hiking Day encourages people of all ages to visit the A.T., with the hopes of introducing families to the beauty of the Trail, the many benefits of hiking, and the valuable role that the A.T. plays in many communities.

On Family Hiking Day, the Appalachian Trail Conservancy (ATC) promotes and supports guided hikes on the A.T. hosted by our Trail partners and advocates. The ATC has reached out to its trail-maintaining clubs, of which AHC is a member, and asked us to connect with families in our local communities and encourage them to participate in a hike or similar outdoor event. They have offered a variety of resources to share with hike leaders, including possible route suggestions, tips for hiking with children, and methods for promoting a specific event. This is a great opportunity to highlight our section of the A.T., plus educate local communities of the work we do to maintain and protect the Trail.

We have a lot of well-qualified hike leaders in our club, so if any of you are willing to lead a hike for this occasion, the link below will connect you to the Appalachian Trail Conservancy for assistance in planning a guided hike or other family-oriented activity.

[www.appalachiantrail.org/hiking/find-a-hike/family-hiking-day-guided-hikes](http://www.appalachiantrail.org/hiking/find-a-hike/family-hiking-day-guided-hikes)

Please take a moment to consider participating in this once-a-year event which can do so much to promote good will and trail advocacy in the Lehigh Valley area.





### Maintenance of Locks #1 and #2

On April 23, 2016, a group of 8-10 AHC members gathered for the semi-annual maintenance and clean-up of Locks #1 and #2 on the Delaware and Lehigh National Heritage Corridor near Jim Thorpe, PA. The locks, dating from 1829, are part of the former D&L Canal which serviced the early industrial age in Pennsylvania. Neglected and overgrown for decades, these structures have been restored to museum-quality beauty after having been adopted by the Allentown Hiking Club. Photos from this recent work party are shown below.



Work Crew at Lock #1

Lock #1 after cleared of wall-to-wall saplings!







Lock #2 in all its 19th century glory!

Sunday, May 22nd, 2016

At our annual Allentown Hiking Club maintenance hike, thru-hiker "extra credit" tried his hand at painting a trail marker.





# Winter 2016 Hiking Schedule and Upcoming Events

FOR THE MOST CURRENT SCHEDULE OF EVENTS, CHECK OUR WEBSITE AT



## MEMBER OF THE APPALACHIAN TRAIL CONSERVANCY AND THE KEYSTONE TRAILS ASSOCIATION

The general public is invited to join us on hikes and other events. If a club or organization wishes to include one of our hikes as a formal activity on its schedule, we ask that it contact the leader in advance for permission.

Times listed are departure times; please arrive at least 15 minutes before the listed time. Starting times are strictly observed and appropriate clothing and sturdy shoes/boots should be worn at all times.

Generally, our pace is moderate with opportunities for resting and sightseeing. Every attempt is made to assist and encourage hikers, but we cannot be responsible for their safety on the trail. Any rugged outdoor activity entails risk, and we expect all participants to rely on their own judgment and good sense to take care of themselves and know their limitations. Anyone under 18 must be accompanied and supervised by an adult. Hikers are expected not to lag too far behind the main party.

We car-pool as much as possible to save fuel. PASSENGERS PAY DRIVERS 10 CENTS PER MILE TO DEFRAY FUEL EXPENSE. Drivers, please remember to check your mileage and let the passengers know how much mileage reimbursement they owe you.

Meetings are held at 7:30 pm the first Wednesday of the month at St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, Pa. Meetings include a discussion of the previous month's activities, as well as upcoming activities. Scheduling meetings are held quarterly for members to coordinate hikes/trips, etc. for the upcoming schedule. All members are invited and encouraged to schedule activities; we are a 100% volunteer organization, and it is up to members to keep the schedule filled.

## AHC HIKE RATING SYSTEM

In an attempt to assist hikers, a hike rating system has been set up to allow the hiker to judge his/her ability to complete the hike. The rating system will precede the Allentown Hiking Club's usual hike description. On multi-day outings such as backpacks, the rating for the hike will reflect the distance traveled on a per-day basis. Remember that the hike ratings are assigned by the hike leader, and are therefore based on the leader's subjective opinion. The rating system is:

RATING	DESCRIPTION (distance,terrain,pace)
<b>A+</b>	<u>Up to 7 miles, little climbing and easy terrain, 2 mph or slower</u>
<b>A</b>	<u>Up to 7 miles, some climbing and/or rocky terrain, 2 mph or slower</u>
<b>B+</b>	<u>Up to 7 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
<b>B</b>	<u>7-10 miles, some climbing and easy terrain 2 to 2.5 mph</u>
<b>C+</b>	<u>7-10 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
<b>C</b>	<u>7-10 miles significant climbing and/or rocky terrain, 2 to 2.5 mph</u>
<b>D+</b>	<u>10-12 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
<b>D</b>	<u>10-12 miles, significant climbing and/or rocky terrain, 2 to 2.5 mph</u>
<b>E+</b>	<u>Over 12 miles, some climbing and/or rocky terrain, over 2.5 mph</u>
<b>E</b>	<u>Over 12 miles, significant climbing and/or rocky terrain, over 2.5 mph</u>
<b>U</b>	<u>Hike unrated by hike leader</u>



<p>Wednesday 7-6-16 6:30 pm</p>	<p><b>July Monthly Meeting and Potluck Picnic at Franko Park</b></p> <p>It's that time again for our annual picnic. The club will provide hot dogs and drinks. We ask our members to bring a favorite dish to share with the group which, in turn, becomes a grand feast. DIRECTIONS: I-78 towards Allentown to Lehigh St. and north to Downyflake Lane (1st light) turn right. Proceed to S. 12th St and turn right at Salisbury Fire Co., (Honeysuckle Rd), left onto Black River Rd. Franko Park is 1/4 mile on the left.</p> <p>Meeting place: Franko Park, Salisbury Township Posted on meetup.com? NO Leader: Anne Griffin 610-760-0479 Co-leader: Edna Himmler 610-797-5182 ehimmler@gmail.com</p>
<p>Saturday 7-30-16 8:45 am</p> <p>Round trip road miles distance: 100 miles</p> <p>Hike / bike / on-water distance: 6 or 8 miles</p> <p>Hike rating: C+</p>	<p><b>DWGNRA Waterfall Hike</b></p> <p>2 to 4 out and back hikes to see 6 to 10 waterfalls in the Delaware Water Gap National Recreation Area</p> <p>While the hike distance isn't great, this hike requires a few steep climbs requiring grabbing rocks and roots to make it to the top. The reward is some very scenic waterfalls and a couple of very nice pools to swim in, if the water is warm enough. One of the pools has fish that may nibble your toes if you remain still. So wear a bathing suit and bring a towel if you're interested in swimming. How many trails we do will depend on how much time we spend swimming. Wear hiking shoes but bring water shoes if your going to swim. Bring water, snacks and/or lunch. Plan on spending the whole day. Optional dinner at Pub 570. No dogs.</p> <p>Meeting place: We will meet at the park &amp; ride lot at the intersection of PA 33 and Wm. Penn Hwy. We will discuss car pooling prior to departure. Posted on meetup.com? NO Leader: David Povenski 610-462-7704</p>
<p>Sunday 7-31-16 1:00 pm</p> <p>Round trip road miles distance: 50 miles</p> <p>Hike / bike / on-water distance: 8 miles</p> <p>Hike rating: A+</p>	<p><b>Tekening Trail</b></p> <p>Tekening Hiking Trail along the Delaware at Martins Creek Power Plant. Easy hike along the Delaware River.</p> <p>Meeting place: Kmart on 25th Street, Easton or contact Mercedes at (484-515-8001). Posted on meetup.com? NO Leader: Ron Kieffer 610-562-8680 Co-leader: Mercedes Jurkiewicz 484-515-8001</p>
<p>Wednesday 8-3-16 7:30 pm</p>	<p><b>AUGUST MONTHLY MEETING</b></p> <p>Our guest speaker is Scott Everett.</p> <p>A presentation will be given by Scott Everett of the Delaware and Lehigh National Heritage Corridor.</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA. Posted on meetup.com? NO</p>
<p>Saturday 8-6-16 12:00 noon</p>	<p><b>DAS AWKSCHT FESHT HIKE IN MACUNGIE</b></p> <p>Bring a food item for the cookout at the nest (Mercedes at 134 Village Walk Drive, Macungie Memorial Park)</p> <p>We will fledge at 1:23pm to Macungie Memorial Park Das Awkscht Fescht, \$5.00 admission, then hike/walk to Kaimbach Park. Very easy 2-3 mile walk in the park. Great for kids on bikes or smaller kids in strollers. Not best for dog/cats!</p> <p>Meeting place: Meet at Weis Market along RT 100 across from Allen Organ on Rt. 100 in Macungie, PA. Posted on meetup.com? NO Leader: Mercedes Jurkiewicz 484-515-8001 Co-leader: Ron Kieffer 610-562-8680</p>





<p>Sunday 8-21-16 12:00 noon</p> <p>Round trip road miles distance: 15 miles</p>	<p><b>Best Bike Trip in Berks</b> Menu breakfast at Fire Company until noon. We will leave at 12:45 PM to accommodate the church people.</p> <p>Bikes available to use. Contact leaders to arrange. Ride bikes on all paved public roads. Bring helmets.</p> <p>Meeting place: Virginville Fire Company. Breakfast \$5.00. Rte 143 to Virginville. First street exit to red light district. Posted on meetup.com? NO Leader: Ron Kieffer 610-562-8680 Co-leader: Mercedes Jurkiewicz 484-515-8001</p>
<p>Wednesday 9-7-16 7:30 pm</p>	<p><b>SEPTEMBER MONTHLY MEETING</b></p> <p>To be announced.</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA. Posted on meetup.com? NO Leader: Lucy Cantwell 215-855-2793</p>
<p>Sunday 9-11-16 11:00 am</p> <p>Hike / bike / on-water distance: 3 miles</p>	<p><b>Sunday Beakfast Hike to the Pinnacle</b> Breakfast and hike to the Pinnacle.</p> <p>Take Rt. 143 between Kempton and Lenhartsville to Pine Road. Left at bridge. \$5.00 for Dietrich's ham, homefries or chipped beef breakfast. Hike to the Pinnacle. Hike leaves at 12:00. This hike is on private property. Must be a hiking club member: AHC or BMECC or CHC of Berks CO. or a member of Kempton Gun Club (\$6). You can join that day. No pets, no children less than 10 years old. This is a 3 mile climb folks. Hiking boots a must. Short climb but steep!</p> <p>Meeting place: Leader Ron Kieffer 610-562-8680, Co-Leader Mercedes Jurkiewicz@gmail.com Posted on meetup.com? NO Leader: Ron Kieffer 610-562-8680 Co-leader: Mercedes Jurkiewicz 484-515-8001</p>
<p>Friday 9-16-16 4:30 pm</p> <p>Hike / bike / on-water distance: 8 miles</p> <p>Hike rating: C</p>	<p><b>Hike to the Pulpit and Pinnacle under the Harvest Full Moon</b> Watch the moonrise from the Pinnacle.</p> <p>Come and watch the full moon rise from the Pinnacle. This is an 8 mile loop hike, starting at the Hamburg Reservoir parking lot and then going up to the Pulpit and Pinnacle for spectacular views of the rising full moon. Sunset is at 7:12pm and moonrise is at 7:33pm. This is not a beginner's hike due to the ~1000' ascent, rocky terrain and nighttime conditions. Sturdy hiking boots are recommended. Bring a headlamp or flashlight, at least 2 liters of water and food/snacks. Rain or cloudy conditions cancels.</p> <p>Meeting place: Hamburg Reservoir parking lot, 420 Reservoir Road Hamburg, PA Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>







# MEMBERSHIP APPLICATION

INDIVIDUAL MEMBERSHIP DUES ARE \$10.00 PER CALENDAR YEAR FROM JANUARY TO DECEMBER, AND RENEWALS MUST BE MADE BEFORE JANUARY 31ST TO STAY ON THE CLUB'S MEMBERSHIP ROLLS. DUES CAN BE PAID AT THE MONTHLY MEETING OR MAILED TO THE CLUB

**MEMBERSHIP**

**Paula Uhrin: 283 Ridgeview Drive, Alburtis Pa. 18011**

NAME(S):

ADDRESS:

CITY:

STATE:

ZIP: —

PHONE:

RENEWAL ☐

NEW ☐

EMAIL:

\_\_\_\_\_ Dues @\$10.00 / \$15.00 Household

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SML	MED	LRG	XLG
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SML	MED	LRG	XLG

\_\_\_\_\_ Club T-shirt @ \$6.00 + \$3.50 shipping ea.

\_\_\_\_\_ Club golf shirt @ \$12.00 + \$3.50 shipping ea.

\_\_\_\_\_ Club Embroidered patch @ \$1.50 + \$.75 shipping ea.

\_\_\_\_\_ Club window decal @ \$2.50 + \$.75 shipping ea

\_\_\_\_\_ Club window cling decal @ \$2.50 + \$.75 shipping ea

Checks payable to "Allentown hiking Club"

Total enclosed \_\_\_\_\_

☐

Yes - Please sign me up for the Allentown Hiking Club's email list --- the AHC Forum



**AHC Hike / Event Form - Please fill out all fields and give this to the Hiking Scheduling Coordinator at the scheduling meeting or see page 2 of The Happy Hiker for email and phone contact information.**

Date(s): \_\_\_\_\_ Time: \_\_\_\_\_  
 Leader: \_\_\_\_\_ email: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Co-Leader: \_\_\_\_\_ email: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Type Of Event (circle one): hike / meeting / maintenance / backpack / other  
 Round trip road miles: \_\_\_\_\_ Hike distance: \_\_\_\_\_ miles  
 Meeting Place: check \_\_\_\_\_ contact hike leader, or enter directions

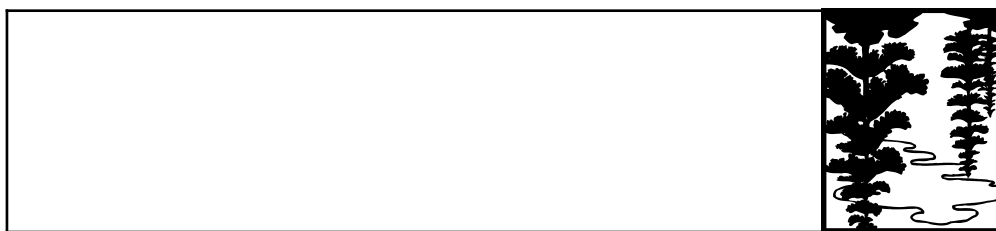
Hike Rating (from AHC Hike Rating System): \_\_\_\_\_

Add this hike to Meetup.com ? yes / no (select one)  
 If yes limit hike to \_\_\_\_\_ hikers or no limit.

Event Title: \_\_\_\_\_

Description: A one-sentence description of the event that appears on the website Activities page, the main page, and in the AHC Weekly Update email.

Additional details that appear only on the Activities page



**Please Rush-Dated Material**

Allentown Hiking Club  
 P.O. Box 1542  
 Allentown, Pa 18105-1542  
[www.allentownhikingclub.org](http://www.allentownhikingclub.org)

