



MEMBER OF THE APPALACHIAN TRAIL CONSERVANCY AND THE KEYSTONE TRAILS ASSOCIATION

PRESIDENT'S MESSAGE

Excitement Building for the ATC Biennial Conference

As mentioned in the previous newsletter, the 41st Appalachian Trail Conservancy Conference, "Views from the Maine Woods," will be held from Aug. 4-11, 2017 at Colby College in Waterville, Maine. Months of preparation have gone into the planning, and all indications are that this event is not to be missed! The agenda promises something for everyone, from the casual hiker to experienced long-distance hikers, to backpackers, and with loads of lectures and entertainment included as well. Please see more details about this exciting event later in this issue of the Happy Hiker. Full details and ways to register can be found on the conference website - www.atc2017.org - or in the spring issue of the ATC magazine AT Journeys. With over 1000 of the country's most enthusiastic hikers in attendance, this is sure to be an event to remember!

Closer to home, though, I am proud to congratulate the club on another successful AT maintenance hike. The annual trail clean up and garlic mustard pull took place on May 21 with 25-30 members and guests in attendance. We pulled and discarded 126 pounds of the non-native, invasive plant species called garlic mustard; likewise, two large truck tires and several bags of miscellaneous trash were collected and dispatched appropriately. In addition, blow-downs were removed from the trail, blazes were repainted, and repairs and clean-up were done on the shelter. The next arrivals at the shelter will find, among the usual "luxuries," that the checkerboard has been newly repainted and outfitted with painted stones for the ultimate checkers game experience. Only at the Allentown Shelter! Our deepest gratitude goes out to all who came out and contributed to the success of this event. Well done, everyone!

An encounter which always touches my soul is to cross-paths with through-hikers, especially when this occurs on our own section of the trail or when we are actually engaged in the trail work. When they find out that we are the ones responsible for keeping the treadway clear of debris (both natural and man-made), they are quick to express their gratitude and offer glowing words of praise for our group. Several meetings of this type occurred on this particular work day. I bring this up so that all of you who volunteer in the maintenance of the AT will know how greatly your efforts are appreciated. Nearly everyone passing through that day expressed thanks to the AHC for our care for the trail. I was glowing with pride for the fabulous work crew I am privileged to call my club! Now, reward yourself with a trip to Maine in August to see what's going on up north!

Have a great summer!



Allentown Hiking Club

P.O. Box 1542—Allentown, PA 18105-1542

Sponsored by City of Allentown Department of Parks and Recreation

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| PresidentLucy Cantwell - (267) 664-3550 president@allentownhikingclub.org | Outerbridge Shelter Chair Carl Griffin - (610) 760-0479 griffins2@verizon.net |
| Vice-PresidentKaren Gradel - (215) 536-5857 kjgradel@gmail.com | KTA Representative..... Ed Ritter - (610) 730-2683 critter888@verizon.net |
| SecretaryDick Fink - (610) 865-3925 | Program Committee Chair Jim Gabovitz - (610) 262-3578 gabby@enter.net |
| TreasurerMichelle Hinkle - (484) 221-3172 mmhinkle2009@gmail.com | Publicity Cindy Paetow - (215) 536-7311 cpaetow@hotmail.com |
| MembershipPaula Uhrin membership@allentownhikingclub.org | Webmaster Hal Wright - (215) 630-2008 webmaster@allentownhikingclub.org |
| New Member GreeterJim Gabovitz - (610) 262-3578 gabby@enter.net | Newsletter Editor..... Susan Meyer - (610) 462-1310 susanjeanne2101@yahoo.com |
| Appalachian Trail Chair.....Ed Ritter - (610) 261-1847 critter888@verizon.net | Hiking Schedule Coordinator Dave Povenski- (610) 462-7704 dcpfjr@yahoo.com |
| A.T. Monitor Coordinator Carl Griffin - (610) 760-0479 griffins2@verizon.net | |
| Library.....Holly Vogler - (610) 820-0162 | |

Deadlines for the Fall 2017 Newsletter & Schedule

Happy Hiker Newsletter

Wednesday, September 13, 2017

Activity Schedule

Wednesday, September 13, 2017

Please forward all club related articles, thoughts, and items to the Newsletter Editor by mail or, preferably, by email.

Send all hiking schedule activities to the Hiking Schedule Coordinator.

Welcome to our New Members!

November 2016

Rick ShuckHellertown, PA
Daniel & Sharon Holbrook.....Macungie, PA
Colleen GoldhornMedia, PA

January 2017

Niel & Terry StubitsLehigh, PA
Daniel & Sarah ReimersLandsdale, PA
Craig Mucher.....New Tripoli, PA
Dana Germano.....Allentown, PA
Naomi WilliamsQuakertown, PA

February 2017

Fred BranyanNazareth, PA
Agnes Sablow.....Kempton, PA

March 2017

Laurie & Ariel Ohleger Allentown, PA
John, Susan & Samuel Drabic..... Allentown, PA

April 2017

Gayle Hendricks Bethlehem, PA
John Callen Center Valley, PA
Cyndi O'Hara..... Orefield, PA
Cynthia Zona..... Northampton, PA
Tyler Fisher Whitehall, PA

May 2017

Marta Jimenez Elverson, PA
Bryan Mason Herndon, VA



Maine Appalachian Trail Conference

Dates: August 4 to 11, 2017

Location: Colby College, Waterville, Maine

Event Overview: The Appalachian Trail Conservancy (ATC) holds a conference every two years at different locations in the Eastern US. This week-long event includes over 240 hikes, numerous workshops, and excursions to local areas of interest. The conference will also include ATC's 41st membership meeting. Each evening there are exciting adventure presentations and stellar entertainment. The event draws people from around the world, but primarily from locations along the nearly 2,200 mile Appalachian Trail (A.T.). At the last conference held in Maine (1997 Sunday River), 1,380 people participated. We anticipate over 1,200 attendees in 2017.

About the ATC: The ATC, established in 1925, is a national not-for-profit that is both a confederation of 31 local organizations with assignments to maintain the A.T. and a membership organization with support from all 50 states and more than 15 other countries. Under agreements that date back to the 1930s, buttressed by federal legislation in 1968 and 1978, ATC leads a cooperative-management system for the A.T. that includes the National Park Service and USDA Forest Service at national, regional, and district levels, numerous state parks, a variety of agencies in 14 states and other land management organizations.

About the A.T.: The A.T. is one of the longest continuously marked footpaths in the world, measuring roughly 2,180 miles. The A.T. goes through fourteen states along the crests and valleys of the Appalachian mountain range from the southern terminus at Springer Mountain, Georgia, to the Trail's northern terminus at Katahdin, Maine. The A.T. was completed in 1937 (near Sugarloaf Mtn.) and is a unit of the National Park System. It is estimated that 2 to 3 million people visit the A.T. every year.

Opportunities to Get Involved:

- ☐ Participate in the conference – hikes, workshops, entertainment, excursions!
- ☐ Promote the conference locally! Tell all your hiking friends about it!

For more information:

Conference Website: www.atc2017.org

To Volunteer: www.appalachiantrail.org/Maine2017Volunteers

Hosted by: Maine Appalachian Trail Club and Appalachian Mountain Club – Maine Chapter

ATC Biennial Needs Volunteers!

To make the "Views from the Maine Woods" conference/hiking event a success, over 500 volunteers are needed throughout the week doing various jobs. To volunteer, even for one or two days of your trip, go to: www.appalachiantrail.org/Maine2017Volunteers

Your service will be tremendously appreciated!



HIKING IN UTAH AND NEW MEXICO

by David Povenski

From 4/2 to 4/16, I took a road trip out west to visit the several National Parks and to do some hiking in them. I wanted to do some hiking in Arches N.P., and I did several short walks within the park and saw several of the arches whence the park got its name. However, I wasn't able to do the one hike I really wanted to do, a 7.2 mile hike at the back end of the park, because the parking lot was full. I did a couple of laps of the parking lot hoping someone would pull out just as I was coming, but no such luck. The next nearest parking area was over a mile away and I just didn't have the time since I was going to visit Canyonlands N.P. that day, also. Something to do on my next trip to Arches!

I had no plans to hike in Canyonlands, so the next hiking I did was in Capital Reef N.P., the next day. On the way into Capital Reef, I saw a bunch of cars parked and a kiosk so I stopped and found that there is a 4 mile (round trip) hike into "Grand Wash", so I decided to do that. This wash takes you through a narrow and fairly deep canyon, but the wash itself is almost flat and mostly sand or small pebbles. After almost an hour of walking, I spoke with a couple on their way down from the other end and I asked them where the trail was to get to Cassidy Arch, which was mentioned on the kiosk where I started. They pointed behind me and said it starts there. I had passed it without even noticing it. The sign for the trail was about 50' up the trail. The sign said that it was another 1.5 miles to the arch and that it was a 950' climb from a base elevation of 5,400'.



So, up I went. In places the climb was steep and I was having to stop to catch my breath because of the elevation. The last 1/8th of a mile was on bare rock and the way was marked by a series of cairns. This arch had a top that was level with the surrounding terrain so you could actually walk out onto the arch.

While I was in the area of the arch, I overheard a guy talking about a depression in the rock next to the arch. The depression was about 10-12' deep and around 30' in diameter with a flat bottom and a narrow entrance near the arch. This guy was saying that this depression was where Butch Cassidy and the Sundance Kid and their gang hid out for a while. When I eventually got to the visitor center, I asked the ranger if there was any truth to the story and he said that while Butch Cassidy indeed was in the area, there is no way to verify that story.

On the way down, I slipped on a sand covered rock and fell on my back. Fortunately the one rock that I hit hard, hit right on my belt, so there was nothing more than a bad bruise and a slightly wrenched back. After returning to my car, I headed deeper into the park and came across a sign saying "Petroglyphs", so I stopped to investigate. Indeed, there were several carved into the side of a cliff, visible from boardwalks.

After this I finally arrived at the visitor's center and picked up the park info. I found out that the scenic drive is 8 miles paved and 2.4 miles unpaved. This is one scenic drive that lives up to its name. I waited to take pictures along the way until I was on my way out, so that the light would be better. The unpaved 2.4 mile section is like driving in the Grand Wash. Most of the way, the road is the wash. At the end of the unpaved section it opens up and there is a parking area. From there I took a 1 mile hike down another narrow wash. After that 1 mile, there is a short side trail that climbs up to "tanks". These tanks are depressions in the rocks formed by water that occasionally cascades down through a small canyon, filling the "tanks". There is also a small arch that fits the scale of the canyon.



The next day was Bryce Canyon Day. I've been to both Bryce Canyon N.P. and Zion N.P. twice each, but both times were day trips from Las Vegas, so I didn't get to spend much time in either park.

I actually arrived at the visitor center about 15 minutes before their 8:00 a.m. opening time. I wanted to take a hike down among the hoodoos, so I went into the visitor's center and asked the ranger for his advice. He recommended a 6.4 mile hike called The Figure 8. This hike combines 3 trails: Navaho Loop, Peekaboo Loop and Queens Garden. He suggested doing the 1.5 mile Navajo Loop and Queens Garden counter clockwise and the 5 mile Peekaboo Loop clockwise.

To do the hike as he suggested you start down Navaho Loop from Sunset Lookout which is at 8,300'. The beginning of this trail is a fairly steep descent with multiple, tight switchbacks.



This stretch is the reason for doing Navaho/Queens in this direction, because this would be a very steep climb at the end of a tiring hike, otherwise. The scenery on these trails is spectacular and I took many, many photos. This is not an easy hike because on the Peekaboo Loop, there are many ups and downs and at 7,500' – 8,300' you're huffing and puffing on the climbs and needing to stop to catch your breath. I basically had Peekaboo Loop to myself, seeing only one other hiker in its 5 mile length. Navaho/Queens was quite crowded in comparison.

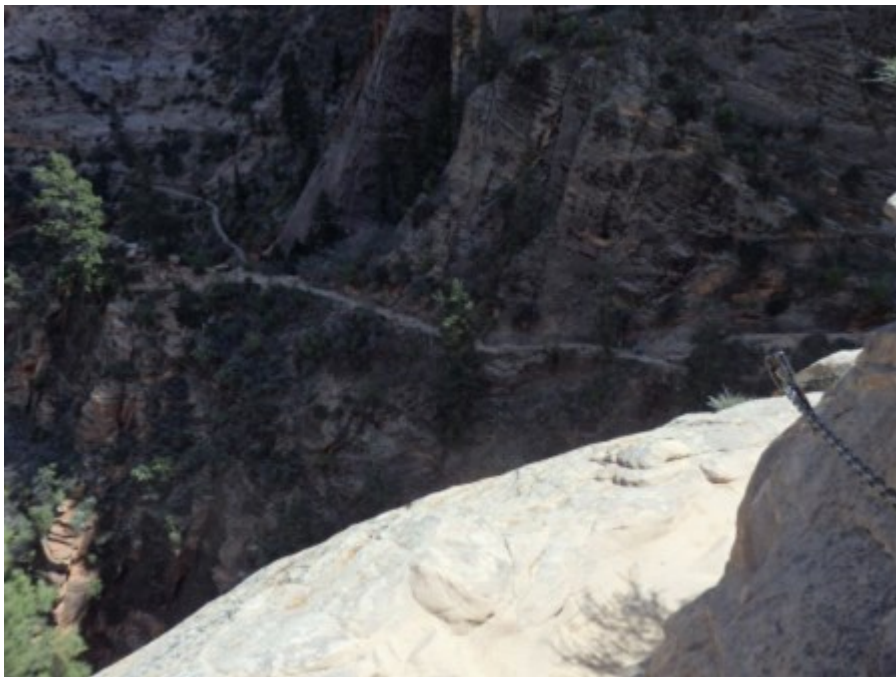


On the return portion of Navaho/Queens, it started to snow and it snowed hard enough that visibility was only about ¼ mile. The climb out brings you to Sunrise Lookout which is at 8,200'. When I finished this hike, I drove south to the extreme southern end of the park and the two lookouts at that end: Rainbow and Yovimpa. The park road is on top of a mesa and the mesa tilts upward from north to south. This southern point is the high point of the park at 9,115'. When I got there my car thermometer was reading 34° and the wind was blowing about 25 mph. I was wearing my light hiking pants, a t-shirt and a fleece. Brutal. I walked fast and quickly took a few pictures at each lookout. Snow was 3' deep in places at the Yovimpa Point. My car got hit by a snowball on the way out of the parking lot.

I headed for Zion early the next day. You have to head to the visitor's center first to pick up the shuttle into the valley. You can no longer take your car into the scenic drive through the valley once the shuttles are running and they had started running sometime in March. The only exception is if you are staying at the Zion Lodge, which is in the middle of the valley floor. However, the shuttle makes point to point hikes a breeze.

The shuttle makes 9 stops in the canyon starting with the visitor's center and ending at Temple of Sinawava. My first stop was #6, The Grotto. I wanted to hike up to Upper Emerald Pools and then come back on the trail that takes you to Lower Emerald Pools. This hike was definitely worth it because there is a small waterfall at this time of year that free falls 300'. I then hiked down to the Lower Emerald Pools and followed the Lower Emerald Pools trail down to stop #5, Zion Lodge. This LEP trail is one that I hiked on both of my previous trips to the park, once solo and once with a friend.

From stop #5, I rode up to stop #7, Weeping Rock. From there, I did the short walk to Weeping Rock which has interesting vegetation and then I did the hike to Hidden Canyon. I found out about this hike from a conversation I had while riding the shuttle to The Grotto. This was the hike of the trip. It starts out by steeply climbing a steep hillside. There are several long, fairly straight upgrades connected by switchbacks. Eventually you get to an intersection. If you continue straight you're on the East Rim Trail. To get to Hidden Canyon you make the right. Now the trail climbs in short traverses with connecting switchbacks on a steep hillside and then... the trail is carved into the side of a cliff. It looked to be a natural feature as opposed to being man made. At the most it is 3 feet wide. In places, the trail angles toward the upper wall, in places it's flat and in places it angles towards the cliff. In those latter areas, there is a chain anchored into the wall that you *need* to hold onto.



This picture was taken on the way back down. You can see a chain on the right and how the trail slopes towards the cliff.

Much of these rocks are sandstone, so there is loose sand on the trail, which makes it easy to slip. The cliff is about 200 feet at the end of this section which is uphill all the way. You finally make it to Hidden Canyon, and while you're now at the bottom of a small wash, the adventure isn't over, because, unlike the previous washes I've hiked, this one is strewn with rocks, boulders and tree branches that you have to scramble over and sometimes under. The reward at the end of the canyon is a small arch and a nice area to have your lunch.





When I returned to the shuttle I, got back on at the same stop, #7. Between that stop and stop #8, the shuttle driver pointed out a couple of technical rock climbers. Since it was a short walk from stop #8 to where they were, I got off there, walked back and took a couple of pictures. At that time the lead climber was under about a 3-4' overhang and the 2nd climber was about 15' below him. They were both about 150' up a cliff face with about another 300' to go.

I walked back to stop #8 and took the shuttle to stop #9 and then hiked the Riverside Walk back to The Narrows. This is about 2 miles round trip and is easily the most popular hike in the park because it is paved and almost perfectly flat. The Narrows is probably Zion's most famous feature. The North Fork of the Virgin River is the river that has created the Zion Canyon and at The Narrows, the river is the trail as it fills the gap between the narrow canyon walls. When the river flow is below 150 cfs, you are allowed to hike back in The Narrows. It was above 150cfs when I was there. Another hike to do on a future trip.

On the shuttle ride back to my car I checked the progress of the rock climbers. The lead climber had just made it over the overhang and the trail climber hadn't even reached it yet. That was over an hour after I had 1st seen them.

The last place I did any significant walking was in Carlsbad Caverns N.P. From prior research, I knew that you could either do a ranger led tour or a self-guided tour of the caverns. I also knew that you had to book the ranger led tour ahead of time. However, since I wasn't sure when I was going to get to the park, I didn't bother booking a tour. What I didn't know, until I had a chance to read the park map of the caverns, was that, in addition to the area you can see on the self-guided tour, the ranger led tour took you to a significant area off limits to those on their own.

I figured it doesn't hurt to ask, but all the ranger tours were booked, so I was on my own. I was told that I could either walk down the natural cave entrance or I could take an elevator down to the "Big Room". What I didn't know was that the walk into the caverns is described as a 79 story descent and it is 1.25 miles long. Ignorance is bliss.

The walk down begins with a steep decline, with many switchbacks, into and through a large opening. The first interesting place you pass is the bat cave... where the bats hang out (get it?) during the day. However, this part of the cave is off limits to visitors. Eventually you get away from any natural light and it becomes very dark. The lights that were provided were few and far between and I was holding onto the handrail because in the far between, I literally could not see where I was putting my feet.

This descent was fairly void of the formations I was expecting to see. It was basically just rocks, boulders and rock walls and ceilings. You don't miss much by taking the elevator.

When you get to the "Big Room", the place is spectacular. It is advertised as the largest underground chamber in North America. Big doesn't begin to describe it. The trail just in this area is a mile long loop. Humungous, ginormous or hugantic would be a much better adjective. I figure the person that named it "Big Room" must have been British.

Anyway, this is where you see stalactites, stalagmites, columns, drapes, lion tails, popcorn, straws, reflection pools, etc. This place makes Luray Caverns look like small potatoes and I always loved Luray. Of all the caves I've seen, this one (the seventh) is the best.

As mentioned, there is a nice hike yet to do in Arches and there are several more hikes to do in Bryce & Zion, so a return trip will not be too far in the future.

Also, I wrote a travelogue of my trip. If you're interested in reading it, send me an email at dcpfir@yahoo.com and I'll send you a copy.





Summer 2017 Hiking Schedule and Upcoming Events

FOR THE MOST CURRENT SCHEDULE OF EVENTS, CHECK OUR WEBSITE AT



MEMBER OF THE APPALACHIAN TRAIL CONSERVANCY AND THE KEYSTONE TRAILS ASSOCIATION

The general public is invited to join us on hikes and other events. If a club or organization wishes to include one of our hikes as a formal activity on its schedule, we ask that it contact the leader in advance for permission.

Times listed are departure times; please arrive at least 15 minutes before the listed time. Starting times are strictly observed and appropriate clothing and sturdy shoes/boots should be worn at all times.

Generally, our pace is moderate with opportunities for resting and sightseeing. Every attempt is made to assist and encourage hikers, but we cannot be responsible for their safety on the trail. Any rugged outdoor activity entails risk, and we expect all participants to rely on their own judgment and good sense to take care of themselves and know their limitations. Anyone under 18 must be accompanied and supervised by an adult. Hikers are expected not to lag too far behind the main party.

We car-pool as much as possible to save fuel. PASSENGERS PAY DRIVERS 10 CENTS PER MILE TO DEFRAY FUEL EXPENSE. Drivers, please remember to check your mileage and let the passengers know how much mileage reimbursement they owe you.

Meetings are held at 7:30 pm the first Wednesday of the month at St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, Pa. Meetings include a discussion of the previous month's activities, as well as upcoming activities. Scheduling meetings are held quarterly for members to coordinate hikes/trips, etc. for the upcoming schedule. All members are invited and encouraged to schedule activities; we are a 100% volunteer organization, and it is up to members to keep the schedule filled.

AHC HIKE RATING SYSTEM

In an attempt to assist hikers, a hike rating system has been set up to allow the hiker to judge his/her ability to complete the hike. The rating system will precede the Allentown Hiking Club's usual hike description. On multi-day outings such as backpacks, the rating for the hike will reflect the distance traveled on a per-day basis. Remember that the hike ratings are assigned by the hike leader, and are therefore based on the leader's subjective opinion. The rating system is:

| RATING | DESCRIPTION (distance,terrain,pace) |
|--------|---|
| A+ | <u>Up to 7 miles, little climbing and easy terrain, 2 mph or slower</u> |
| A | <u>Up to 7 miles, some climbing and/or rocky terrain, 2 mph or slower</u> |
| B+ | <u>Up to 7 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u> |
| B | <u>7-10 miles, some climbing and easy terrain 2 to 2.5 mph</u> |
| C+ | <u>7-10 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u> |
| C | <u>7-10 miles significant climbing and/or rocky terrain, 2 to 2.5 mph</u> |
| D+ | <u>10-12 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u> |
| D | <u>10-12 miles, significant climbing and/or rocky terrain, 2 to 2.5 mph</u> |
| E+ | <u>Over 12 miles, some climbing and/or rocky terrain, over 2.5 mph</u> |
| E | <u>Over 12 miles, significant climbing and/or rocky terrain, over 2.5 mph</u> |
| U | <u>Hike unrated by hike leader</u> |



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| <p>Wednesday 7-5-17 6:30 pm</p> | <p>JULY MONTHLY MEETING and POTLUCK PICNIC @ FRANKO PARK A short monthly business meeting followed by a potluck picnic</p> <p>It's that time again for our annual picnic. The club will provide hot dogs and drinks. We ask our members to bring a favorite dish to share with the group. DIRECTIONS: I-78 to the Lehigh Street exit then north on Lehigh Street. Turn right at the 1st light onto Downyflake Lane. Then turn right onto S. 12th Street. At the light, turn left onto W Emmaus Avenue. Then turn right, before the Eastern Salisbury Fire and Rescue, onto Honeysuckle Road. Then bear left onto Black River Road. Franko Park is 1/4 mile on the left.</p> <p>Meeting place: Franko Park, Black River Road, Salisbury Township. Posted on meetup.com? NO Leader: Anne Griffin 610-760-0479 Co-leader: Edna Himmler 610-797-5182 ehimmler@gmail.com</p> |
| <p>Tuesday 7-11-17 6:15 pm</p> <p>Hike / bike / on-water distance: 2 miles</p> <p>Hike rating: A+</p> | <p>Weeknight Walks (Center Valley Promenade) Join us for an easy 2 mile lighted walk around the Promenade Shops in Center Valley (Window shopping only!)</p> <p>Let's get our blood flowing with a short midweek stroll and burn a few calories so we can enjoy some refreshments when we are done walking. Meet outside in the Parking Lot next to LLBean (the side without an entrance) A favorite; Tuesday is \$5 Burger and fries night at Bar Louie's. Heavy rain or Thunderstorms cancel.</p> <p>Meeting place: Please meet in the Parking Lot on the WEST side of LLBean (Promenade entrance from West Saucon Valley Circle). Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com Co-leader: Michelle Hinkle 484-221-3172</p> |
| <p>Saturday 7-15-17 9:00 am</p> <p>Hike / bike / on-water distance: 14 miles</p> <p>Hike rating: E+</p> | <p>Trexler Nature Preserve Loop Hike A hike through the wilds of the Trexler Game Preserve</p> <p>This loop hike will explore the northern portions of the Game Preserve, beginning at the Trexler Environmental Center, following the Border Trail through the Central Range to the North Range, then taking a variety of trails to explore the lesser-traveled sections of the park, returning to the Central Range and concluding on several trails that run along the Jordan Creek. There will be several long, steep climbs, multiple scenic overlooks, and likely buffalo and elk sightings. Early bailout options will be available. Wear sturdy hiking boots and bring at least 2 liters of water, lunch and snacks. Rain cancels.</p> <p>Meeting place: Trexler Environmental Center, 4935 Orchard Road Schnecksville, PA Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p> |
| <p>Sunday 7-16-17 1:00 pm</p> | <p>Kayaking on Leaser Lake Bring your Kayak and join us for a 2 - 3 hour Paddle</p> <p>Let's all meet at this one hundred seventeen acre lake and paddle on a Sunday afternoon. Make sure your boat is registered or you have a valid launch permit. Bring a lunch or snack to eat on the lake; maybe a stop for ice cream on the way home.</p> <p>Meeting place: Parking lot on Follweiler Ct off Leaser Road, New Tripoli PA Posted on meetup.com? NO Leader: Michelle Hinkle 484-221-3172 Co-leader: Karen Gradel 215-536-5857</p> |



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| <p>Wednesday 7-19-17 6:00 pm</p> <p>Hike / bike / on-water distance: 2-3 miles</p> <p>Hike rating: A+</p> | <p>Weeknight Walks at 6:00 pm (Quakertown Park @ 4th) Join us for a 2 1/2 - 3 mile walk around the park and ballfields in Quakertown</p> <p>We'll meet at 6:00 pm and walk for about an hour. We can even walk into town and grab some ice cream at Rosemarie's Italian Ice. Afterward if you are interested, QNB will be holding their annual QNB Founders' Day Band Concert from 7:00 pm to 9:00 pm in the park. Bring a chair and/or blanket if you are planning to stay for the concert. We will meet by the bathrooms/snack bar area at the Park at 4th (behind the library; turn at 4th and Mill Streets. Bathrooms are midway between the library and the amphitheater) Heavy rain, snow or ice cancels.</p> <p>Meeting place: Park at 4th (and Mill Streets) Turn next to the Quakertown Library and drive straight back. Park near bathrooms located about half way down the lane between the library and amphitheater. Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com Co-leader: Michelle Hinkle 484-221-3172</p> |
| <p>Wednesday 7-26-17 6:30 pm</p> <p>Hike / bike / on-water distance: 2 - 3 miles</p> <p>Hike rating: B+</p> | <p>Weeknight Walks (Trexler Nature Preserve) Let's take a walk at the Trexler Nature Preserve</p> <p>We'll walk the teal and double blue trails at the Trexler Nature Preserve. Great views of the Lehigh Valley Zoo and elk and bison. Optional stop for ice cream or refreshments on the way home.</p> <p>Meeting place: Parking at the Trexler Environmental Center; 4935 Orchard Road Schnecksville, PA 18078 Posted on meetup.com? NO Leader: Michelle Hinkle 484-221-3172 Co-leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p> |
| <p>Wednesday 8-2-17 5:30 pm</p> <p>Hike / bike / on-water distance: 1.5 miles</p> <p>Hike rating: A+</p> | <p>Weeknight Walks (Allentown) Join us for a short walk before the Allentown Hiking Club Meeting</p> <p>Let's get a little exercise before the meeting starts. We will meet at St. Timothy's and walk about .6 miles to Cali Burrito on Reading Road to have some dinner. Afterward we'll head back to the church for the club meeting. Thunderstorms or heavy rain cancel the walk.</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? NO Leader: Michelle Hinkle 484-221-3172 Co-leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p> |
| <p>Wednesday 8-2-17 7:30 pm</p> | <p>AUGUST MONTHLY MEETING Monthly business meeting.</p> <p>Abigail Pattishall from the Wildland's Conservancy will give a presentation on the health of the Lehigh River.</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? NO Leader: Lucy Cantwell 215-855-2793</p> |
| <p>Wednesday 8-9-17 6:30 pm</p> <p>Hike / bike / on-water distance: 3-4 miles</p> <p>Hike rating: A+</p> | <p>Weeknight Walks (Milford Twp - Unami) Time for a new walking spot.</p> <p>Let's get out and explore the Unami Creek trail. We can also enjoy some refreshments at Five Points Bar and Grill; a half mile down the street.</p> <p>Meeting place: Unami Creek Trail, Kumry road Trailhead, 1960 Kumry Road, Quakertown PA Posted on meetup.com? NO Leader: Michelle Hinkle 484-221-3172 Co-leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p> |



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| Sunday 8-13-17 11:00 am | LEHIGH RIVER TUBING Float the Lehigh River from Treichlers Bridge to the dam in Northampton. Bring an INFLATED truck tube and wear a swimsuit, water shoes and a wide brimmed hat. Hopefully no body will interrupt us this time. Trucks and vans will be helpful to haul tubes. Meeting place: Meet at the Whitehall Mall between Sears and the Auto shop. Posted on meetup.com? NO Leader: Gene Scharle 610-432-5652 |
| Sunday 8-13-17 9:00 am | Hike Jacobsburg State Park Hike the rolling hills of Jacobsburg State Park Hike / bike / on-water distance: 15 miles Hike rating: E+ We will cover many of the 18 miles of trails this park offers. Trails of varied surfaces are through meadows and forests with rolling hills. Hiking boots recommended and water shoes might be nice to have for a cooling walk through Bushkill Creek. Bring water and lunch/snacks. Steady rain cancels. Meeting place: Meet at the large, triangular parking lot, just south of the park's Environmental Education Center, on Belfast Road. Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net |
| Wednesday 8-16-17 6:30 pm | Weeknight Walks (Macungie - Kalmbach) Join us for a walk at Kalmbach Memorial Park in Macungie Hike / bike / on-water distance: 2-3 miles Hike rating: A+ We'll walk on a beautiful stone trail through a wooded pine forest right in the heart of Macungie. After our exploration, we can head over to Rita's for a nice cool treat. Meeting place: Kalmbach Memorial Park; 200 Cotton Street, Macungie PA 18062 Posted on meetup.com? YES Leader: Michelle Hinkle 484-221-3172 Co-leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com |
| Wednesday 8-23-17 6:30 pm | Weeknight Walks - (Monocacy Park, Bethlehem) Let's take a walk and check out Monocacy Park in Bethlehem Hike / bike / on-water distance: 2 miles We'll take a short walk around the creek at Monocacy Creek and check out some of the historic structures. Afterward, we can drive over to the Bethlehem Dairy Store on Linden Street for some famous homemade ice cream. Meeting place: Monocacy Park, 259 Illick's Mill Rd, Bethlehem, PA 18017 Posted on meetup.com? NO Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com Co-leader: Michelle Hinkle 484-221-3172 |
| Saturday 8-26-17 10:00 am | Kayaking at Lake Nockamixon Bring your Kayak and join us for a 2 - 3 hour paddle at Lake Nockamixon Bring your Kayak and we'll spend a few hours on the lake. Afterward we can stop at Owwowcow Creamery. Meeting place: Haycock Boat Launch, Quakertown PA Posted on meetup.com? NO Leader: Michelle Hinkle 484-221-3172 Co-leader: Karen Gradel 215-536-5857 |



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| <p>Wednesday 8-30-17 6:30 pm</p> <p>Hike / bike / on-water distance: 2-3 miles</p> | <p>Weeknight Walks - (Lake Lenape Park, Sellersville) Let's take a walk through Lake Lenape Park</p> <p>Looks there is a cute little nature/exercise trail running through the park that we can explore. Afterward, we'll find some ice cream</p> <p>Meeting place: Lake Lenape Park, 210 E Walnut Street, Sellersville PA Posted on meetup.com? NO Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com Co-leader: Michelle Hinkle 484-221-3172</p> |
| <p>Wednesday 9-6-17 5:30 pm</p> <p>Hike / bike / on-water distance: 1.5 miles</p> <p>Hike rating: A+</p> | <p>Weeknight Walks (Allentown) Join us for a short walk before the Allentown Hiking Club Meeting</p> <p>Let's get a little exercise before the meeting starts. We will meet at St. Timothy's and walk about .6 miles on Reading Road to Cali Burrito for some dinner. Afterward we'll head back to the church for the club meeting. Thunderstorms or heavy rain cancel the walk</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? NO Leader: Michelle Hinkle 484-221-3172 Co-leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p> |
| <p>Wednesday 9-6-17 7:30 pm</p> | <p>SEPTEMBER MONTHLY MEETING Monthly business meeting.</p> <p>Program to be determined.</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? NO Leader: Lucy Cantwell 215-855-2793</p> |
| <p>Wednesday 9-13-17 6:15 pm</p> <p>Hike / bike / on-water distance: 2.3 miles</p> <p>Hike rating: A</p> | <p>Weeknight Walks (Lehigh Gap) Join us for a 2.3 mile hike at Lehigh gap</p> <p>We will start at the Nature Center and go up the LNE trail. There is an incline and the trail can be rocky so wear boots. We will walk to the Bobolink Trail which will take us down to the D & L trail along the river.</p> <p>Meeting place: Lehigh Gap Nature Center 8844 Paint Mill Rd, Slatington, PA 18080 Posted on meetup.com? NO Leader: Karen Gradel 215-536-5857 Co-leader: Michelle Hinkle 484-221-3172</p> |
| <p>Saturday 9-16-17 8:30 am</p> <p>Hike / bike / on-water distance: 10 miles</p> <p>Hike rating: D</p> | <p>Pulpit and Pinnacle Loop Hike Loop hike to Pulpit Rock and the Pinnacle.</p> <p>This is a loop hike, starting at the Hamburg Reservoir parking lot, first climbing to Pulpit Rock and then onward to the Pinnacle for spectacular views of the Lehigh Valley from both locations. This is not a beginner's hike due to the 1000' ascent and very rocky terrain. Bring a least 2L of water and lunch / snacks. Steady rain cancels.</p> <p>Meeting place: Hamburg Reservoir parking lot; 410 Reservoir Rd, Hamburg, PA Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p> |



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| <p>Wednesday 9-20-17 6:15 pm</p> <p>Hike / bike / on-water distance: 2 miles</p> <p>Hike rating: A</p> | <p>Weeknight Walks (Richland Township) Join us for a one hour walk through Robert O. Keller Memorial Park in Richland Township</p> <p>Join us for a one hour walk through the nature trail at Robert O. Keller Memorial Park in Richland Township. Afterward we'll head down to The Pub in Quakertown Shopping Center for refreshments. Heavy rain or Thunderstorms cancel.</p> <p>Meeting place: Please meet in the parking lot located next to the Township Building at 1328 California Road. Posted on meetup.com? YES Leader: Michelle Hinkle 484-221-3172 Co-leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p> |
| <p>Wednesday 9-27-17 6:15 pm</p> <p>Hike / bike / on-water distance: 2-3 miles</p> <p>Hike rating: A+</p> | <p>Weeknight Walks (Milford Twp - Molasses Creek) Join us for a walk at Molasses Creek Park</p> <p>The end of summer is here but we can still get a couple of miles in before dark. Spinnerstown Hotel may be a good place to stop for refreshments.</p> <p>Meeting place: Molasses Creek Park, 2075 Krammes Road, Quakertown, PA Posted on meetup.com? NO Leader: Michelle Hinkle 484-221-3172 Co-leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p> |
| <p>Wednesday 10-4-17 5:30 pm</p> <p>Hike / bike / on-water distance: 1.5 miles</p> <p>Hike rating: A+</p> | <p>Weeknight Walks (Allentown) Join us for a short walk before the Allentown Hiking Club Meeting</p> <p>Let's get a little exercise before the meeting starts. We will meet at St. Timothy's and walk about .6 miles on Reading Road to Cali Burrito for dinner. Afterward we'll head back to the church for the club meeting. Thunderstorms or heavy rain cancel the walk</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? NO Leader: Michelle Hinkle 484-221-3172 Co-leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p> |
| <p>Wednesday 10-4-17 7:30 pm</p> | <p>OCTOBER MONTHLY MEETING Monthly business meeting.</p> <p>Program to be determined.</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? NO Leader: Lucy Cantwell 215-855-2793</p> |
| <p>Sunday 10-8-17 8:30 am</p> <p>Hike / bike / on-water distance: 14 miles</p> <p>Hike rating: E</p> | <p>Dunnfield Creek, Sunfish Pond, Raccoon Ridge Loop Hike Loop hike through the Delaware Water Gap including Dunnfield Creek, Sunfish Pond, Raccoon Ridge, and the AT.</p> <p>This lot fills up quickly so please arrive early. From the Dunnfield Creek parking lot we will hike the Dunnfield Hollow Trail to Sunfish Pond. This section includes multiple stream crossings that, depending on how fast the creek is running, may require getting your feet wet, so please plan accordingly. Trekking poles are strongly recommended. After a rest at a rock outcropping on the northeast side of Sunfish Pond we will continue on the Appalachian Trail to Raccoon Ridge for lunch. After lunch we will travel back down the Appalachian Trail to our cars. Sturdy hiking boots are recommended. Bring at least 3 quarts of water (you will thank me) and lunch plus snacks. Steady rain cancels.</p> <p>Meeting place: Meet at the Dunnfield Creek Parking lot, which is the second exit in NJ off Route 80 East. Go under the overpass and the parking lot is on your right. Overflow parking at the Kittatinny Visitor's Center. Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p> |





MEMBERSHIP APPLICATION

INDIVIDUAL MEMBERSHIP DUES ARE \$10.00 PER CALENDAR YEAR FROM JANUARY TO DECEMBER, AND RENEWALS MUST BE MADE BEFORE JANUARY 31ST TO STAY ON THE CLUB'S MEMBERSHIP ROLLS. DUES CAN BE PAID AT THE MONTHLY MEETING OR MAILED TO THE CLUB

MEMBERSHIP

Paula Uhrin: 283 Ridgeview Drive, Alburtis Pa. 18011

NAME(S):

ADDRESS:

CITY:

STATE:

ZIP:

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PHONE:

RENEWAL ☐

NEW ☐

EMAIL:

_____ Dues @\$10.00 / \$15.00 Household

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|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| SML | MED | LRG | XLG |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| SML | MED | LRG | XLG |

_____ Club T-shirt @ \$6.00 + \$3.50 shipping ea.

_____ Club golf shirt @ \$12.00 + \$3.50 shipping ea.

_____ Club Embroidered patch @ \$1.50 + \$.75 shipping ea.

_____ Club window decal @ \$2.50 + \$.75 shipping ea

_____ Club window cling decal @ \$2.50 + \$.75 shipping ea

Checks payable to "Allentown hiking Club"

Total enclosed _____

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Yes - Please sign me up for the Allentown Hiking Club's email list --- the AHC Forum





AHC Hike / Event Form - Please fill out all fields and give this to the Hiking Scheduling Coordinator at the scheduling meeting or see page 2 of The Happy Hiker for email and phone contact information.

Date(s): _____ Time: _____
 Leader: _____ email: _____ Phone: _____
 Co-Leader: _____ email: _____ Phone: _____
 Type Of Event (circle one): hike / meeting / maintenance / backpack / other
 Round trip road miles: _____ Hike distance: _____ miles
 Meeting Place: check _____ contact hike leader, or enter directions

Hike Rating (from AHC Hike Rating System): _____

Add this hike to Meetup.com ? yes / no (select one)
 If yes limit hike to _____ hikers or no limit.

Event Title: _____

Description: A one-sentence description of the event that appears on the website Activities page, the main page, and in the AHC Weekly Update email.

Additional details that appear only on the Activities page



Please Rush-Dated Material

Allentown Hiking Club
 P.O. Box 1542
 Allentown, Pa 18105-1542
www.allentownhikingclub.org

