



MEMBER OF THE APPALACHIAN TRAIL CONSERVANCY AND THE KEYSTONE TRAILS ASSOCIATION

PRESIDENT'S MESSAGE

Technology on the Trail

You decide to go into nature to 'Get away from it all'. To get away from stress, be removed from the hustle and bustle of life and quiet our minds. Each time you go on the trail it is a different adventure! Listening to the sounds of nature, seeing the different trees, flowers, and types of mushrooms. You come to an overlook and are enjoying the view, looking down at the towns and lakes below you when someone's cell phone rings. This seems to be a contrast to the reason why you came out here in the first place. It's a common occurrence on group hikes these days.

I started to think about how hiking the AT had changed since it's inception. Gone are the days when a Thru-Hiker had little or no contact with the outside for days or weeks at a time. Technology has radically changed the way people hike and I was curious to know how the Thru-Hikers felt about it. Were they 'purists' who wanted a truly primitive experience or did they welcome the technology? At our Trail Magic this summer I had questionnaires about hiking and technology I asked the hikers to fill out.

I was surprised by the results. Every one of them said they used electronics in one way or another. Of the people who filled out the survey 12 said they answered the phone or texts while hiking and 8 said they didn't. One person who didn't answer the phone said 'I like not feeling obligated to answer texts and calls.' But that opinion seems to be in the minority. One person said they used electronics for reading, one for updating their journal and one listening to music. Using the phone for taking pictures was the 2nd most popular use with 6 tallies. Keeping in touch with family was by far the most popular use for the phone. Before cell phones hikers had to wait until they got into a town to let their loved ones know they were Ok. Now families expect to be in constant contact. Laurie Potteiger a spokeswoman for the Appalachian Trail Conservancy said 'that today panicked families call the conservancy if they don't hear from a hiker for a day or two. Those frenzied calls are on the rise.' Staying connected is clearly a priority for hikers and their families.

While your phone is in your pack don't forget to be prepared with some conventional equipment. Five people in our survey said they used their phone for maps or guides. Potteiger also stated that "Over-reliance on wireless devices has led to a dangerous lack of preparedness by hikers, who fail to pack maps and compasses, expecting cell phone apps to do it all."¹ It looks like technology on the trail is here to stay.

Karen Gradel
AHC President

1. Goldberg, Barbara. "No Getting Away from It All on the Appalachian Trail" Scientific American <https://www.scientificamerican.com/article/no-getting-away-from-it-all-on-the-appalachian-trail/>



Allentown Hiking Club

P.O. Box 1542—Allentown, PA 18105-1542

Sponsored by City of Allentown Department of Parks and Recreation

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Deadlines for the Winter 2019 Newsletter & Schedule

Happy Hiker Newsletter

Wednesday, December 19th 2018

Activity Schedule

Wednesday, December 19th 2018

**Please forward all club related articles, thoughts, and items to the Newsletter Editor by mail or, preferably, by email.
Send all hiking schedule activities to the Hiking Schedule Coordinator.**

Welcome to our New Members!

June

Heidy Wieder Allentown, PA
Marlene Petter Kempton, PA
Richie Kunkel Northampton, PA
Ray & Tracey Kochey Bechtelsville, PA

July

Frances Groves Bethlehem, PA
Rachel Greider Macungie, PA
Ginny Bender Center Valley, PA
Claudia & Carlton Greve Andreas, PA
Phil Kessler & Kate Grote Bangor, PA

August

John & Kathy Groff Allentown, PA
Ernest & Irene Cousino Macungie, PA
Rebecca Slough Center Valley, PA
Lisa Mattis Perkaspie, PA
Linda Kelle Wyomissing, PA
Robert Howell, Easton, PA



In Memoriam**Carl Griffin, 1952-2018**

Carl Griffin, 66, a strong hiker and enthusiastic trail maintainer, died September 5. He was an active member of the Allentown Hiking Club for 20 years.

In 1999 Carl began leading hikes for AHC. Among his activities were fitness, cycle, tubing, and paddling events. For many years, he led popular hikes in Lehigh Gorge and on the D & L Trail. Beginning in 2003, Carl helped organize the club's annual picnic at Franco Park, and he served as grill master for the hot dogs. Through his involvement in AHC, Carl met Anne Ruddy and they were married in 2004.

Carl enjoyed trail maintenance, and was adept at rock work. In 2005 Carl took over as Outerbridge Shelter Chair, a position he held for 13 years. He made frequent (sometimes weekly) trips to inspect the shelter, remove garbage, and make repairs. In 2007 he added corridor monitoring to his club duties, often assisting with monitoring extra sections. No rock field or steep slope was too difficult for Carl!

When AHC agreed to maintain Lock 2 along the D & L Trail, Carl became a regular on the twice yearly maintenance trips. And when the Lehigh Gap Nature Center began to develop a trail network, Carl helped design and maintain those trails. He remained an active maintainer until health issues in 2017 restricted his activities.

From 2011 to 2016, Carl served as AHC treasurer. He resigned this position to become the club's Appalachian Trail Monitor Coordinator in 2016.

For his many years of service to the club, Carl was recognized as an Honorary Member in 2012. By 2015, Carl had contributed more than 1000 volunteer hours to the Appalachian Trail. Carl was truly a dedicated club member and extraordinary volunteer, and members of the Allentown Hiking Club will miss his enthusiasm and friendly smile. The Allentown Hiking Club offers its condolences to Anne.



Hiking Basics

Bill Geiger

These topics are cut down versions of articles on the Appalachian Trail Conservancy website www.appalachiantrail.org.

Clothing and Gear

What you need to carry depends on how far you're going, where, and when. New equipment for even an overnight hike can easily run \$1,000 to \$2,000 or more. However, some backpacking stores offer gear rental, and notices for used equipment are often posted on A.T.-related discussion forums.

What should I carry?

Packing for a day-hike is relatively simple. You should have:

- A map and compass (learn to use them first!)
- Water (at least 1 quart, and 2–3 on longer hikes in hot weather)
- Warm clothing, rain gear, and a hat
- Food (including extra high-energy snacks)
- A trowel for burying human waste and toilet paper
- A first-aid kit with blister treatments
- A whistle (three blasts is the international signal for help)
- A garbage bag to carry out trash
- Sunglasses and sunscreen—especially when leaf cover is gone
- A blaze-orange vest or hat during hunting season

On longer hikes, especially in remote or rugged terrain, add:

- A flashlight with extra batteries and bulb
- A heavy-duty garbage bag to use as an emergency tarp or to insulate a hypothermia victim
- A sharp knife
- A fire starter, such as a candle, and waterproof matches
- Shelter, such as a tent or tarp
- A lightweight pot and cooking utensils
- A stove and fuel
- Medium-sized backpack (big "expedition-size" packs are usually overkill)
- A pack cover or plastic bag for rainy weather
- A sleeping pad to insulate you from the cold ground
- A sleeping bag of appropriate warmth for the season
- Additional food and clothing
- 50' of rope or cord to hang your food at night
- Water filter or another method of treating water



What kind of clothing do I need?

Hope for the best weather, pack for the worst. Clothing to protect you from cold and rain is a must, even in midsummer and especially at higher elevations. Avoid cotton clothes, particularly in chilly, rainy weather, which can strike the mountains at any time of year.

Wet cotton can be worse than nothing in that it does not dry easily or quickly and can contribute to hypothermia, a potentially fatal threat. Synthetic fabrics such as polypropylene and various acrylic blends as well as wool or silk will help protect you against the dangers of hypothermia. Layer your clothes— a “polypro” shirt, synthetic fleece, and a coated nylon or “breathable” waterproof outer shell will keep you both warmer and drier than a single heavy overcoat in cold, damp weather. Remember, hiking will make you sweat, no matter the weather. Shedding thin layers enables you to regulate your body temperature more effectively than choosing between keeping a heavy jacket on or taking it off.

Is my footwear adequate?

Hiking boots are optional for day-hikes but recommended for overnight and long distance hikes over rough terrain. Many hikers wear trail runners or lightweight boots. The most important thing is that shoes or boots fit well and are well broken-in before you hit the trail— nothing ends a hike quicker than blistered feet, and even minor blisters can become infected and cause serious trouble. Because backpackers can expect their feet to swell, long-distance hikers should buy boots half a size too big.

-Originally posted in the Summer 2011 newsletter.





Fall 2018 Hiking Schedule and Upcoming Events

FOR THE MOST CURRENT SCHEDULE OF EVENTS, CHECK OUR WEBSITE AT



MEMBER OF THE APPALACHIAN TRAIL CONSERVANCY AND THE KEYSTONE TRAILS ASSOCIATION

The general public is invited to join us on hikes and other events. If a club or organization wishes to include one of our hikes as a formal activity on its schedule, we ask that it contact the leader in advance for permission.

Times listed are departure times; please arrive at least 15 minutes before the listed time. Starting times are strictly observed and appropriate clothing and sturdy shoes/boots should be worn at all times.

Generally, our pace is moderate with opportunities for resting and sightseeing. Every attempt is made to assist and encourage hikers, but we cannot be responsible for their safety on the trail. Any rugged outdoor activity entails risk, and we expect all participants to rely on their own judgment and good sense to take care of themselves and know their limitations. Anyone under 18 must be accompanied and supervised by an adult. Hikers are expected not to lag too far behind the main party.

We car-pool as much as possible to save fuel. PASSENGERS PAY DRIVERS 10 CENTS PER MILE TO DEFRAY FUEL EXPENSE. Drivers, please remember to check your mileage and let the passengers know how much mileage reimbursement they owe you.

Meetings are held at 7:30 pm the first Wednesday of the month at St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, Pa. Meetings include a discussion of the previous month's activities, as well as upcoming activities. Scheduling meetings are held quarterly for members to coordinate hikes/trips, etc. for the upcoming schedule. All members are invited and encouraged to schedule activities; we are a 100% volunteer organization, and it is up to members to keep the schedule filled.

AHC HIKE RATING SYSTEM

In an attempt to assist hikers, a hike rating system has been set up to allow the hiker to judge his/her ability to complete the hike. The rating system will precede the Allentown Hiking Club's usual hike description. On multi-day outings such as backpacks, the rating for the hike will reflect the distance traveled on a per-day basis. Remember that the hike ratings are assigned by the hike leader, and are therefore based on the leader's subjective opinion. The rating system is:

RATING	DESCRIPTION (distance,terrain,pace)
A+	<u>Up to 7 miles, little climbing and easy terrain, 2 mph or slower</u>
A	<u>Up to 7 miles, some climbing and/or rocky terrain, 2 mph or slower</u>
B+	<u>Up to 7 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
B	<u>7-10 miles, some climbing and easy terrain 2 to 2.5 mph</u>
C+	<u>7-10 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
C	<u>7-10 miles significant climbing and/or rocky terrain, 2 to 2.5 mph</u>
D+	<u>10-12 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
D	<u>10-12 miles, significant climbing and/or rocky terrain, 2 to 2.5 mph</u>
E+	<u>Over 12 miles, some climbing and/or rocky terrain, over 2.5 mph</u>
E	<u>Over 12 miles, significant climbing and/or rocky terrain, over 2.5 mph</u>
U	<u>Hike unrated by hike leader</u>



<p>Wednesday 10-3-18 7:30 pm</p>	<p>OCTOBER MONTHLY MEETING Monthly business meeting. Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? NO Leader: Karen Gradel 267-424-4602</p>
<p>Saturday 10-6-18 10:00 am</p> <p>Hike / bike / on-water distance: 1-2 miles</p> <p>Hike rating: B+</p>	<p>Peace Valley Family Hike - Perkasie/Doylestown (1 mile) Let's take the kids to see the "Pooh" tree The Pooh Tree is a great place for children to visit. The walk is only about a half mile loop and perfect for little ones. It is a wooded trail so strollers would not work well but it is do-able for even toddlers at a slower pace. We'll make the loop for the children and spend a little time exploring the Pooh tree and then head back. If anyone wants to continue exploring trails, we can do that too. According to the Peace Valley website, "Peace Valley offers 14 miles of nature trails in the woods and meadows at the eastern end of Lake Galena. The walking options vary from groomed foot paths near the Nature Center Solar Building to remote hiking trails in the mature woods. The foot paths are generally mowed or graveled and provided with bridges or stone steps at creek crossings." Meeting place: Peace Valley Nature Center, 170 N. Chapman Road, Doylestown, PA 18901 Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>
<p>Sunday 10-7-18 9:00 am</p> <p>Hike / bike / on-water distance: 11 miles</p> <p>Hike rating: D+</p>	<p>Tom Lowe Eagles Nest AT and Sandsprings Tom Lowe Eagles Nest lookout AT and Sands Spring Trails This hike will be about 11 miles with stream crossings and some rocky climes . one on the more remote areas close to Allentown. Hopefully we will get a view and a great workout. Meet by 8:45 for a 9:00 start. Silver Chevy Pickup Truck Meeting place: Forge Dam Road Shartsville Pa. State Game Lands 110 Parking lot. GPS 40.537671,-76123345 Posted on meetup.com? YES Leader: Kyle Conrad 215-840-3737</p>
<p>Tuesday 10-9-18 10:15 am</p> <p>Hike / bike / on-water distance: 4 miles</p> <p>Hike rating: A+</p>	<p>Bethlehem and Bach Hike the Monocacy Trail and enjoy a Bach concert. We will meet at the Illick's Mill parking lot for the two mile walk on the Monocacy Trail to center city Bethlehem, where we will proceed to the balcony of Central Moravian Church for the Bach at Noon concert. The concert is free; donation are appreciated. After the concert, we will eat lunch in the Colonial Industrial Quarter and then walk back to our cars. Bring lunch and water. Rain on the morning of the event cancels the hike, but we will meet in the balcony of the church (73 West Church Street) at 11:30 for the concert. No calls the morning of the event. Meeting place: Illick's Mill parking lot, 100 Illick's Mill Rd., Bethlehem, PA Posted on meetup.com? YES Leader: Barbara Wiemann 610-262-6977 blwiemann@gmail.com</p>
<p>Wednesday 10-10-18 6:00 pm</p> <p>Hike / bike / on-water distance: 3-4 miles</p> <p>Hike rating: A+</p>	<p>Weeknight Walks - Quakertown McCooles (3-4 miles) Join us for 3-4 mile walk from the Quakertown Chamber of Commerce to the "Park at 4th" in Quakertown. Let's get our blood flowing with a short midweek stroll through Quakertown to the lighted Park at 4th and Mill. As it is dark now, please wear bright clothing and/or bring a flashlight. We can also enjoy some refreshments when we are done walking by meeting back at McCoole's Red Lion Inn for some appetizers and drinks. Thunderstorms or heavy rain cancels Meeting place: Please meet at 6:00 in the parking lot of the Chamber of Commerce (which is also the McCoole's overflow parking) 21 N Main St, Quakertown, PA 18951 (This is located in town. If you put just the Chamber in your GPS it may take you to the old one on 663.) Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>



<p>Saturday 10-13-18 9:00 am</p> <p>Hike / bike / on-water distance: 3-5 miles</p> <p>Hike rating: A</p>	<p>South Mountain Preserve Hike (3-5 miles) Hike the trails of South Mountain Preserve</p> <p>The Preserve is part of the 750 acre Robert Rodale Reserve, one of the most important natural areas in the Lehigh Valley. Please wear sturdy shoes. Bring water and a snack. Thunderstorms or heavy rain will cancel.</p> <p>Leader1: Heidy Wieder 484-294-8923 Leader2: Joyce Partington 908-887-0934</p> <p>Meeting place: Boroline Park, 554 Alpine St, Emmaus, PA 18049 Posted on meetup.com? YES Leader: Joyce Partington 908-887-0934</p>
<p>Sunday 10-14-18 9:00 am</p> <p>Hike / bike / on-water distance: 12 miles</p> <p>Hike rating: D+</p>	<p>Nolde Forest Loop Hike Loop hike through the Nolde Forest</p> <p>Nolde Forest encompasses more than 665 acres of deciduous woodlands and coniferous plantations. A network of trails makes the center's streams, ponds, and diverse habitats accessible to all. We will hike most of the trails that wander throughout the park under tall trees and near creeks. Some trails are footpaths and others are remnants of gravel roads used by original owners of the mansion. We will stop at the Mansion to check out its unique architecture. Sturdy hiking boots are recommended. Bring at least 2L of water and lunch / snacks. Heavy rain cancels. Trail map can be found here: http://www.docs.dcnr.pa.gov/cs/groups/public/documents/document/dcnr_003596.pdf</p> <p>Meeting place: To my knowledge there is no street address for this parking lot. This parking lot is on Route 625 just a few miles south of the intersection with Route 724. You can refer to the link with the trail map and the Sawmill parking lot is very clearly marked. Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>
<p>Tuesday 10-16-18 6:00 pm</p> <p>Hike / bike / on-water distance: 2 miles</p> <p>Hike rating: A+</p>	<p>Weeknight Walks at 6:00 pm - Center Valley Promenade (2 miles) Join us for an easy 2 mile lighted walk around the Promenade Shops in Center Valley (Window shopping only!)</p> <p>It's dark now ~ let's get our blood flowing with a short midweek stroll and burn a few calories so we can enjoy some refreshments when we are done walking. Tuesday is \$5 Burger and fries night at Bar Louie's. Thunderstorms or Heavy rain cancels.</p> <p>Meeting place: Please meet at 6:00 in the Parking lot on the WEST side of LLBean (Promenade entrance from West Saucon Valley Circle). Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>
<p>Saturday 10-20-18 1:00 pm</p> <p>Hike / bike / on-water distance: 7 miles</p> <p>Hike rating: C+</p>	<p>Hike Autumn Refuge hike at Lehigh Gap Nature Center (LGNC)</p> <p>We will hike several trails at the LGNC. We will stop several times at various points of interest. Bring water and snacks.</p> <p>Meeting place: Meet at LGNC Osprey house. Directions can be found on LGNC website. Posted on meetup.com? YES Leader: Jim Gabovitz 610-262-3578 gapples@rcn.com</p>
<p>Sunday 10-21-18 9:00 am</p> <p>Hike / bike / on-water distance: 8-10 miles</p> <p>Hike rating: C</p>	<p>St Anthony's Wilderness Hike St Anthony's wilderness</p> <p>Hidden in one of the more remote areas in southeastern PA. History filled with remnant of coal mining. Stone Tower The Ruins of Yellow Springs, and the General. Some steps, rocky climbs and stream crossings. A challenging but rewarding hike. I don't believe anyone who goes will be disappointed !!!</p> <p>Meeting place: RT 325 Clarks Valley Rd Halifax Pa. 17032. GPS 40.5026,-76.6541 Posted on meetup.com? YES Leader: Kyle Conrad 215-840-3737</p>



Thursday 10-25-18 6:00 pm	Weeknight Walks - Quakertown Eagle (3-4 miles) Join us for a walk through Quakertown
Hike / bike / on-water distance: 3-4 miles	We'll meet at the Eagle/Local in Quakertown and stay together as we head down to the lighted Park at 4th. Once there, people can walk at their own pace as we circle around the different paths. After the walk we'll head back to the 200 year old historic Eagle/Local, a familiar local dive bar. Plans for renovations have been pushed back but the food is good! As it is dark now, please wear bright clothing and/or bring a flashlight. Meet in the parking lot behind the Eagle/Local. (make sure your GPS takes you to Quakertown and not Trumbauersville - we've had a few problems with that) Thunderstorms, Heavy rain cancels.
Hike rating: A+	Meeting place: The Eagle, Corner of Rts 212 and 313; Quakertown PA. Parking is on street; Usually quite a few spots across from the front entrance on Route 313 (Broad Street) Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com
Sunday 10-28-18 8:15 am	Loop Hike of Blue Marsh Lake Loop hike around Blue Marsh Lake
Hike / bike / on-water distance: 24 miles	This is a 24-mile loop hike around the lower portion of Blue Marsh Lake. There is no significant elevation gain, though the distance and pace make this a not-at-all-for-beginner hike. Bring at least 2+liters of water plus lunch and plenty of snacks to stay fueled. Steady rain cancels. Trail map can be found here: http://www.nap.usace.army.mil/Portals/39/docs/Civil/Blue_Marsh/trail%20map.pdf
Hike rating: E	Meeting place: Meet at the Dry Brooks Day Use Center and park at the end of the road near the beach and concession stand. Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net
Sunday 10-28-18 8:30 am	Walk AT - Fort Franklin Rd to Tri County Corner Beginners Trail Maintenance Leisure Walk
Hike / bike / on-water distance: 8 miles	Let's take a walk on Appalachian Trail from Fort Franklin Road to Tri County Corner. This is a great maintenance hike for Beginners. We will leisurely walk along the trail removing branches, weeds, blow downs, and picking up trash to keep the trail nice and clean for all hikers to enjoy hiking the trail. Bring gloves, hand tools (pruners, clippers), water and lunch / snacks. We will stop at AHC Shelter, Tri County Corner, spring (blue trail) (yellow trail). You will learn what it takes to be a Maintainer, and eventually adopt a section of the AHC Appalachian Trail.
Hike rating: B	Meeting place: Fort Franklin Road Trailhead. Use this address 289 Fort Franklin Rd, Andreas, PA 18211 (on Google Maps) or GPS Coordinates 40.694200, -75.841800 Posted on meetup.com? NO Leader: Ed Ritter 610-730-2683 critter888@verizon.net
Saturday 11-3-18 9:30 am	Maintenance We will be doing our fall cleanup of lock#2
Round trip road miles distance: 40 miles	Lock#2 is at Lehigh Gorge state Park. Bring water, Gloves and lunch. Those familiar with this and want to drive directly to the project site we can meet at the Nesquehoning trestle at about 10:15Am.
Hike / bike / on-water distance: .3 miles	Meeting place: Rite Aid parking lot in Walnutport Posted on meetup.com? YES Leader: Jim Gabovitz 610-262-3578 gapples@rcn.com
Hike rating: A	
Wednesday 11-7-18 7:30 pm	NOVEMBER MONTHLY MEETING Monthly business meeting. Brian Urffer will give a presentation on honey bees and our environment.
	Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? NO Leader: Karen Gradel 267-424-4602



<p>Saturday 11-10-18 9:00 am</p> <p>Hike / bike / on-water distance: 3-5 miles</p> <p>Hike rating: A</p>	<p>Hike Ironton Rail-Trail (3-5 miles) Hike the historic Ironton Rail-Trail along the Coplay Creek.</p> <p>Hike the historic Ironton Rail-Trail along the Coplay Creek. Please wear sturdy shoes. Bring water and a snack. Heavy rain or thunderstorms will cancel. Leader1: Heidy Wieder 484-294-8923 Leader2: Joyce Partington 908-887-0934</p> <p>Meeting place: Levans Rd Trail head for Ironton Rail Trail. Posted on meetup.com? YES Leader: Joyce Partington 908-887-0934</p>
<p>Sunday 11-11-18 10:00 am</p> <p>Hike / bike / on-water distance: 9 miles</p> <p>Hike rating: C+</p>	<p>Loop hike at Tuscarora State Park Loop hike around the lake at Tuscarora State Park</p> <p>This is a loop hike around the lake at Tuscarora State Park. There are no significant climbs and the trails are well maintained. There are two stream crossings and some areas may be muddy. Please bring 2+liters of water and lunch/snacks and wear sturdy hiking boots. Trail map can be found here: http://www.docs.dcnr.pa.gov/cs/groups/public/documents/document/dcnr_003027.pdf</p> <p>Meeting place: Meet at Tuscarora State Park; 687 Tuscarora Park Road, Barnesville, PA 18214 I've found that mapping apps don't get the street address correctly placed on a map. There is a large sign on Tuscarora Park Road at the park's entrance. Enter the park and keep driving straight to the very far parking lot. Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>
<p>Tuesday 11-13-18 10:15 am</p> <p>Hike / bike / on-water distance: 4 miles</p> <p>Hike rating: A+</p>	<p>Bethlehem and Bach Hike the Monocacy Trail and enjoy a Bach concert.</p> <p>We will meet at the Illick's Mill parking lot for the two mile walk on the Monocacy Trail to center city Bethlehem, where we will proceed to the balcony of Central Moravian Church for the Bach at Noon concert. The concert is free; donation are appreciated. After the concert, we will eat lunch in the Colonial Industrial Quarter and then walk back to our cars. Bring lunch and water. Rain on the morning of the event cancels the hike, but we will meet in the balcony of the church (73 West Church Street) at 11:30 for the concert. No calls the morning of the event.</p> <p>Meeting place: Meet at Illick's Mill parking lot, 100 Illick's Mill Road, Bethlehem, PA. Posted on meetup.com? YES Leader: Barbara Wiemann 610-262-6977 blwiemann@gmail.com</p>
<p>Tuesday 11-13-18 6:00 pm</p> <p>Hike / bike / on-water distance: 2 miles</p> <p>Hike rating: A+</p>	<p>Weeknight Walks at 6:00 pm - Center Valley Promenade (2 miles) Join us for an easy 2 mile lighted walk around the Promenade Shops in Center Valley (Window shopping only!)</p> <p>It's dark now ~ let's get our blood flowing with a short midweek stroll and burn a few calories so we can enjoy some refreshments when we are done walking. Tuesday is \$5 Burger and fries night at Bar Louie's. Thunderstorms or Heavy rain cancels.</p> <p>Meeting place: Please meet at 6:00 in the Parking lot on the WEST side of LLBean (Promenade entrance from West Saucon Valley Circle). Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>



Sunday 11-18-18 11:00 am	Day Hike in Nockamixon State Park Day Hike the trails on the South Side of Nockamixon State Park
Round trip road miles distance: 3 miles	We will hike on the trails in the Dam area of the park heading west on the Mink, Church and Elephant trails. These trails give a nice view of the lake as we hike. Bring lunch and water. Rain cancels hike.
Hike / bike / on-water distance: 8 miles	Meeting place: Nockamixon State Park marina parking lot. About 1 mile east of the park office on Rt 563 turn on to Harrisburn School Road at the marina sign and follow it to the parking lot.
Hike rating: B	Posted on meetup.com? YES Leader: Mike "Sparky" Wuerstle 267-374-0324 bluegrasshorizon@yahoo.com
Monday 11-19-18 6:00 pm	Weeknight Walks at 6:00 pm - Quakertown Proper Brewery (2-4 miles) Join us for 3-4 mile walk from The Proper Brewing Company to the "Park at 4th" in Quakertown.
Hike / bike / on-water distance: 3-4 miles	We will be walking through town to the lighted park and can enjoy some refreshments when we are done walking by meeting back at The Proper Brewing Company for appetizers and drinks. As it is dark now, please wear bright clothing and/or bring a flashlight. Meet in the Parking lot behind the brewery (on the side of the Police Station/borough hall) Thunderstorms or heavy rain cancels.
Hike rating: A+	Meeting place: The Proper Brewing Company, 117 W Broad St, Quakertown, PA 18951 (behind the building on the side of the Police Station/borough hall) Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com
Friday 11-23-18 1:45 pm	Black Friday Hike to the Pulpit and Pinnacle under the Full Beaver Moon Watch the moonrise from the Pinnacle.
Hike / bike / on-water distance: 8 miles	Please arrive by 1:45pm for a 2:00pm departure. As we will need to make it up to the Pinnacle by sunset, the group will leave on time. Traffic on Route 22 can be a challenge so please plan accordingly. Come and watch the full moon rise from the Pinnacle! November's full Moon was called the Beaver Moon by the Algonquin tribes. Back then, this was the month to set beaver traps before the swamps froze, to ensure a supply of warm winter furs. This is an 8 mile loop hike, starting at the Hamburg Reservoir parking lot and then going up to the Pulpit and Pinnacle for spectacular views of the rising full moon. Sunset is at 4:40pm and moonrise is at 5:27pm. This is not a beginner's hike due to the ~1000' ascent, rocky terrain and nighttime conditions. Sturdy hiking boots are recommended. Bring a headlamp or flashlight, at least 2 liters of water and food/snacks. Also bring warm layers as we will be waiting at the Pinnacle for the moon to rise. Rain/snow or overly cloudy conditions could cancel the hike.
Hike rating: C	Meeting place: Hamburg Reservoir parking lot, 420 Reservoir Road Hamburg, PA Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net
Thursday 11-29-18 6:00 pm	Weeknight Walks - Quakertown Eagle (3-4 miles) Join us for a walk through Quakertown
Hike / bike / on-water distance: 3-4 miles	We'll meet at the Eagle/Local in Quakertown and stay together as we head down to the lighted Park at 4th. After the walk we'll head back to the 200 year old historic Eagle/Local, a familiar local dive bar. Plans for renovations have been pushed back but the food is good! As it is dark now, please wear bright clothing and/or bring a flashlight. Meet in the parking lot behind the Eagle/Local. (make sure your GPS takes you to Quakertown and not Trumbauersville - we've had a few problems with that) Thunderstorms, Heavy rain cancels.
Hike rating: A+	Meeting place: The Eagle, Corner of Rts 212 and 313; Quakertown PA. Parking is on street; Usually quite a few spots across from the front entrance on Route 313 (Broad Street) Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com



<p>Saturday 12-1-18 9:00 am</p> <p>Hike / bike / on-water distance: 15 miles</p> <p>Hike rating: E+</p>	<p>Loop Hike of Jacobsburg State Park Hike the rolling hills of Jacobsburg We will cover many of the 18 miles of trails this park offers. Trails of varied surfaces are through meadows and forests with rolling hills. Hiking boots recommended. Bring at least 2L of water and lunch/snacks. Heavy rain cancels. Trail map can be found here: http://www.docs.dcnr.pa.gov/cs/groups/public/documents/document/dcnr_004250.pdf</p> <p>Meeting place: Meet at the large, triangular parking lot, just south of the park's Environmental Education Center, on Belfast Road. Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>
<p>Wednesday 12-5-18 6:30 pm</p>	<p>DECEMBER HOLIDAY FEAST, MONTHLY MEETING & WINTER HIKE SCHEDULING We will have our potluck holiday dinner followed by our monthly business meeting and winter hike scheduling. Bring your favorite dish to share with others. Following the business meeting we will be scheduling hikes and other winter events. Please complete the AHC Hike/Event form and give to the Hike Scheduling Coordinator. NOTE: START TIME FOR THIS EVENT IS 6:30</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA. Posted on meetup.com? NO Leader: Karen Gradel 267-424-4602</p>
<p>Sunday 12-9-18 9:00 am</p> <p>Hike / bike / on-water distance: 14 miles</p> <p>Hike rating: E+</p>	<p>Trexler Nature Preserve Loop Hike A hike through the wilds of the Trexler Game Preserve This loop hike will explore the northern portions of the Game Preserve, beginning at the Trexler Environmental Center, following the Border Trail through the Central Range to the North Range, then taking a variety of trails to explore the lesser-traveled sections of the park, returning to the Central Range and concluding on several trails that run along the Jordan Creek. There will be several long, steep climbs, multiple scenic overlooks, and likely buffalo and elk sightings. Early bailout options will be available. Wear sturdy hiking boots and bring at least 2 liters of water, lunch and snacks. Rain cancels. Trail map can be found here: https://www.lehighcounty.org/Community/Trexler-Nature-Preserve/Our-Progress/Invasive-Plant-Removal</p> <p>Meeting place: Trexler Environmental Center, 4935 Orchard Road Schnecksville, PA Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>
<p>Tuesday 12-11-18 6:00 pm</p> <p>Hike / bike / on-water distance: 2 miles</p> <p>Hike rating: A+</p>	<p>Weeknight Walks at 6:00 pm - Center Valley Promenade (2 miles) Join us for an easy 2 mile lighted walk around the Promenade Shops in Center Valley (Window shopping only!) It's dark now ~ let's get our blood flowing with a short midweek stroll and burn a few calories so we can enjoy some refreshments when we are done walking. Tuesday is \$5 Burger and fries night at Bar Louie's. Thunderstorms or Heavy rain cancels.</p> <p>Meeting place: Please meet at 6:00 in the Parking lot on the WEST side of LLBean (Promenade entrance from West Saucon Valley Circle). Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>
<p>Wednesday 12-19-18 6:00 pm</p> <p>Hike / bike / on-water distance: 3-4 miles</p> <p>Hike rating: A+</p>	<p>Weeknight Walks - Quakertown Eagle (3-4 miles) Join us for a walk through Quakertown We'll meet at the Eagle/Local in Quakertown and stay together as we head down to the lighted Park at 4th. After the walk we'll head back to the 200 year old historic Eagle/Local, a familiar local dive bar. Plans for renovations have been pushed back but the food is good! As it is dark now, please wear bright clothing and/or bring a flashlight. Meet in the parking lot behind the Eagle/Local. (make sure your GPS takes you to Quakertown and not Trumbauersville - we've had a few problems with that) Thunderstorms, Heavy rain cancels.</p> <p>Meeting place: The Eagle, Corner of Rts 212 and 313; Quakertown PA. Parking is on street; Usually quite a few spots across from the front entrance on Route 313 (Broad Street) Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>



<p>Saturday 12-22-18 7:00 pm</p> <p>Hike / bike / on-water distance: 6 miles</p> <p>Hike rating: A+</p>	<p>Annual Bethlehem Holiday Hike The annual Bethlehem Holiday hike to enjoy the sights and sounds in historic Bethlehem.</p> <p>We will walk for about 2 to 2 1/2 hours returning back to the meeting point at the end. The pace will be moderate. There will be an optional stop at the Brewworks afterward for those interested. Dress in layers and bring a pack to shed layers into as the hike warms you. We will be walking on paved surfaces and gravel paths so choose your footwear accordingly. Rain Cancels hike.</p> <p>Meeting place: Plaza by Bethlehem Library, 11 West Church Street Bethlehem, PA Posted on meetup.com? YES Leader: Mike "Sparky" Wuerstle 267-374-0324 bluegrasshorizon@yahoo.com</p>
<p>Monday 12-31-18 11:00 am</p> <p>Hike / bike / on-water distance: 8 miles</p> <p>Hike rating: B</p>	<p>News Year's Eve Hike to Allentown Shelter End the year with a hike on the Appalachian Trail</p> <p>We will meet at Rt. 309 for a 4 mile hike to the Allentown Shelter. At the shelter we will eat lunch and enjoy shared goodies. After a suitable time for socializing, we will hike 4 miles back to our cars. Anyone who would like a shorter 2 mile hike to the Shelter may join us at Fort Franklin Road. Bring lunch, water, and a snack item to share with the group. Since we will be spending time at the shelter, bring an extra layer of clothing to stay warm. No dogs or alcoholic beverages. Steady rain or snow on morning of hike cancels this event.</p> <p>Meeting place: Meet on Rt. 309 by the tower at the south end of the Blue Mountain Summit Restaurant parking lot, 2520 West Penn Pike, Andreas, PA 18211 Posted on meetup.com? NO Leader: Karen Gradel 267-424-4602</p>





MEMBERSHIP APPLICATION

INDIVIDUAL MEMBERSHIP DUES ARE \$10.00 PER CALENDAR YEAR FROM JANUARY TO DECEMBER, AND RENEWALS MUST BE MADE BEFORE JANUARY 31ST TO STAY ON THE CLUB'S MEMBERSHIP ROLLS. DUES CAN BE PAID AT THE MONTHLY MEETING OR MAILED TO THE CLUB

MEMBERSHIP

Paula Uhrin: 283 Ridgeview Drive, Alburtis Pa. 18011

NAME(S):

ADDRESS:

CITY:

STATE:

ZIP:

—

PHONE:

RENEWAL

☐

NEW

☐

EMAIL:

_____ Dues @\$10.00 / \$15.00 Household

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SML	MED	LRG	XLG
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SML	MED	LRG	XLG

_____ Club T-shirt @ \$6.00 + \$3.50 shipping ea.

_____ Club golf shirt @ \$12.00 + \$3.50 shipping ea.

_____ Club Embroidered patch @ \$1.50 + \$.75 shipping ea.

_____ Club window decal @ \$2.50 + \$.75 shipping ea

_____ Club window cling decal @ \$2.50 + \$.75 shipping ea

Checks payable to "Allentown hiking Club"

Total enclosed _____

☐

Yes - Please sign me up for the Allentown Hiking Club's email list --- the AHC Forum





AHC Hike / Event Form - Please fill out all fields and give this to the Hiking Scheduling Coordinator at the scheduling meeting or see page 2 of The Happy Hiker for email and phone contact information.

Date(s): _____ Time: _____
 Leader: _____ email: _____ Phone: _____
 Co-Leader: _____ email: _____ Phone: _____
 Type Of Event (circle one): hike / meeting / maintenance / backpack / other
 Round trip road miles: _____ Hike distance: _____ miles
 Meeting Place: check _____ contact hike leader, or enter directions

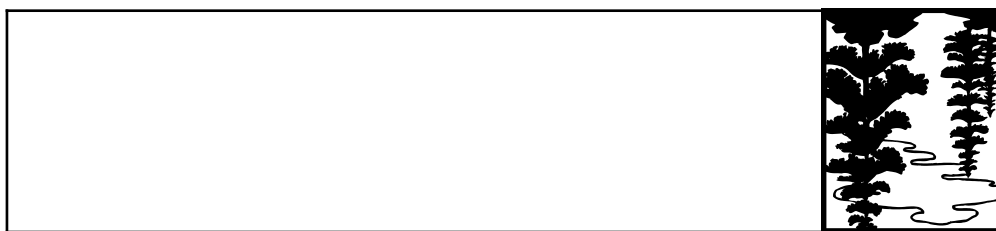
Hike Rating (from AHC Hike Rating System): _____

Add this hike to Meetup.com ? yes / no (select one)
 If yes limit hike to _____ hikers or no limit.

Event Title: _____

Description: A one-sentence description of the event that appears on the website Activities page, the main page, and in the AHC Weekly Update email.

Additional details that appear only on the Activities page



Please Rush-Dated Material

Allentown Hiking Club
 P.O. Box 1542
 Allentown, Pa 18105-1542
www.allentownhikingclub.org

