



MEMBER OF THE APPALACHIAN TRAIL CONSERVANCY AND THE KEYSTONE TRAILS ASSOCIATION

PRESIDENT'S MESSAGE

Spring is here, the air is warming up, the birds are chirping and the plants are starting to sprout. But not all the plants emerging along the trail are a good sight. We have invasive plants along our section of the Appalachian Trail. So what exactly is an invasive species? Not every plant that is introduced to a new region is invasive. Orange and Banana trees are not native to the US but after being brought here they are not invasive. According to Executive Order 13112 in 1999 a species is considered to be invasive if it meets two criteria: (1) it is nonnative to the ecosystem under consideration, and (2) its introduction causes, or is likely to cause, economic or environmental harm or harm to human health.

AHC has been concentrating mainly on two invasive species, Garlic Mustard and Japanese Stilt Grass during its Trail Maintenance. Both choke out local species and can create dense populations in as short 5 year period. They can eliminate the rare plants living in our section of the trail, such as the Pink Lady Slipper that can be found in Spring along the trail near Ft Franklin Rd. Garlic Mustard also impacts the West Virginia White Butterfly. The butterfly mistakes Garlic Mustard for its host plant and the offspring laid on it don't survive. Removing the plants at the right time is also important because both Japanese Stilt Grass and Garlic Mustard seeds can remain viable in the ground for 5 or more years.

We have 2 Maintenance Hikes scheduled this quarter. One on April 13th at Lock 2 and the other on May 19th on the AT, where we will be continuing our battle with Garlic Mustard and other invasives. Don't forget to take some Garlic Mustard home with you because it's edible. Check out the recipe for Garlic Mustard Pesto on page 4.

Also don't forget to check out the revised AHC website. There's easier navigation to documents. The calendar is improved with more functions and a quicker way to view past hikes. Thanks to Web Master Hal Wright for all the work he's done updating our website to make it more functional and easier to explore all of our upcoming events.

Karen Gradel
AHC President



Allentown Hiking Club

P.O. Box 1542—Allentown, PA 18105-1542

Sponsored by City of Allentown Department of Parks and Recreation

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Library.....Holly Vogler - (610) 820-0162	

Deadlines for the Fall 2019 Newsletter & Schedule

Happy Hiker Newsletter

Wednesday, 19th 2019

Activity Schedule

Wednesday, June 19th 2019

Please forward all club related articles, thoughts, and items to the Newsletter Editor by mail or, preferably, by email.

Send all hiking schedule activities to the Hiking Schedule Coordinator.

Welcome to our New Members!

December

Greg & Jonni Miller Quakertown, PA
Jason Thompson Lititz, PA
Richard Nelson Coopersburg, PA
Karla Smith Geissler Phoenixville, PA

January

Ceryl Ferrich Allentown, PA
Walter & Kuangsue Auyeung King of Prussia, PA
Ron & Donna Smith New Tripoli, PA
Andy & Elaine Pangere Quakertown, PA
Wilson Ng Wescosville, PA
Sherry Zengulis Bath, PA
Greg Kessler Allentown, PA
Heather O'Donnell Emmaus, PA
Ann Pergosky Fogelsville, PA
Chuck Wilson Bethlehem, PA

January

Susan Sweeting East Greenville, PA
Dan Moffett Slatington, PA
Denise Shamro Ardmore, PA
Maggie Coulter Easton, PA
Neil Bogin Jim Thorpe, PA
David Sprigle Allentown, PA
Mike Swartley Palm, PA
Dennis George Schwenksville, PA

February

Pat Richard Allentown, PA
Bruce Saylor Fogelsville, PA
Annisa Lebeduik Allentown, PA
Hunter Kessler Reading, PA
Louise Caughey Hellertown, PA
Maggie Worthington Stroudsburg, PA



New T-shirts!

By the time you read this article, the ballots will all be in and Club members will have chosen the design for the new AHC t-shirts. That means that there is only one final thing to do—order your new shirt and wear it proudly!

The process of deciding on a shirt had many obstacles, including actually getting the issue off of the table and into committee. Many thanks to Anne Griffin, Holly Vogler, Paula Uhrin, Rosanne Harakal, Gene Scharle and Suzanne Glatz for the hours of research and meetings that went into the final choices. Thanks also to all who voted. We had over 50 members participate in the balloting!

We hope that when you are out and about on the trail or in town, you will help us to recruit new members for the Club by wearing our eye-catching, fresh new t-shirts. But even if you decide to use it as a nightshirt, we hope you will support us by ordering. We are currently working to see if those who pre-order can choose a different color choice, since the votes were close in that category.

We will let you know about further developments on the Forum as they happen, as well as when you can actually begin ordering.

Carol Crowell





Garlic Mustard Pesto

Tip: Garlic Mustard is different from other greens in that the more mature plant leaves are less bitter than the young leaves, so try to use leaves from 2nd year plants of this Biennial.

Ingredients:

- 11 cups lightly packed garlic mustard leaves and tips, loosely chopped
- 1/4 cup pine nuts
- 1 garlic clove
- 1/3 cup grated parmesan cheese
- 1 cup extra virgin olive oil
- 1/2 teaspoon salt
- 1/2 teaspoon sugar
- 2 squeezes lemon juice

Directions

In a blender, grind the garlic, pine nuts and parmesan. Add the garlic mustard. While blending, pour in a steady stream of the olive oil for 1 minutes, or until smooth. Add salt, sugar, lemon juice and pulse until mixed.

Hiking Quotes

“Sleeping bags are the soft tacos of the bear world.” - Bears

“Of all the paths you take in life, make sure a few of them are dirt.” - John Muir

“I have two doctors, my left leg and my right.” -G.M. Trevelyan

“When everything feels like an uphill struggle, just think of the view from the top.” - Anonymous

“Mountains have a way of dealing with overconfidence.” - Hermann Buhl





Summer 2019 Hiking Schedule and Upcoming Events

FOR THE MOST CURRENT SCHEDULE OF EVENTS, CHECK OUR WEBSITE AT



MEMBER OF THE APPALACHIAN TRAIL CONSERVANCY AND THE KEYSTONE TRAILS ASSOCIATION

The general public is invited to join us on hikes and other events. If a club or organization wishes to include one of our hikes as a formal activity on its schedule, we ask that it contact the leader in advance for permission.

Times listed are departure times; please arrive at least 15 minutes before the listed time. Starting times are strictly observed and appropriate clothing and sturdy shoes/boots should be worn at all times.

Generally, our pace is moderate with opportunities for resting and sightseeing. Every attempt is made to assist and encourage hikers, but we cannot be responsible for their safety on the trail. Any rugged outdoor activity entails risk, and we expect all participants to rely on their own judgment and good sense to take care of themselves and know their limitations. Anyone under 18 must be accompanied and supervised by an adult. Hikers are expected not to lag too far behind the main party.

We car-pool as much as possible to save fuel. PASSENGERS PAY DRIVERS 10 CENTS PER MILE TO DEFRAY FUEL EXPENSE. Drivers, please remember to check your mileage and let the passengers know how much mileage reimbursement they owe you.

Meetings are held at 7:30 pm the first Wednesday of the month at St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, Pa. Meetings include a discussion of the previous month's activities, as well as upcoming activities. Scheduling meetings are held quarterly for members to coordinate hikes/trips, etc. for the upcoming schedule. All members are invited and encouraged to schedule activities; we are a 100% volunteer organization, and it is up to members to keep the schedule filled.

AHC HIKE RATING SYSTEM

In an attempt to assist hikers, a hike rating system has been set up to allow the hiker to judge his/her ability to complete the hike. The rating system will precede the Allentown Hiking Club's usual hike description. On multi-day outings such as backpacks, the rating for the hike will reflect the distance traveled on a per-day basis. Remember that the hike ratings are assigned by the hike leader, and are therefore based on the leader's subjective opinion. The rating system is:

RATING	DESCRIPTION (distance,terrain,pace)
A+	<u>Up to 7 miles, little climbing and easy terrain, 2 mph or slower</u>
A	<u>Up to 7 miles, some climbing and/or rocky terrain, 2 mph or slower</u>
B+	<u>Up to 7 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
B	<u>7-10 miles, some climbing and easy terrain 2 to 2.5 mph</u>
C+	<u>7-10 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
C	<u>7-10 miles significant climbing and/or rocky terrain, 2 to 2.5 mph</u>
D+	<u>10-12 miles, some climbing and/or rocky terrain, 2 to 2.5 mph</u>
D	<u>10-12 miles, significant climbing and/or rocky terrain, 2 to 2.5 mph</u>
E+	<u>Over 12 miles, some climbing and/or rocky terrain, over 2.5 mph</u>
E	<u>Over 12 miles, significant climbing and/or rocky terrain, over 2.5 mph</u>
U	<u>Hike unrated by hike leader</u>



<p>Tuesday 4-9-19 10:15 am</p> <p>Hike / bike / on-water distance: 4 miles</p> <p>Hike rating: A+</p>	<p>Bethlehem and Bach Hike to a Bach At Noon concert</p> <p>Meet at Illick's Mill parking lot for a 2 mile hike on the Monocacy Trail to center city Bethlehem, where we will enjoy a Bach Choir Bach At Noon concert in the Central Moravian Church. The concert is free, but freewill donations are gratefully appreciated. After the concert we will eat lunch near the Monocacy Creek and then hike the 2 miles back to our cars. Bring lunch and water. Steady rain on the morning of the hike cancels the hike portion, but we will meet at 11:30 in the balcony of the church for the concert (73 W. Church St.). No calls on morning of hike.</p> <p>Meeting place: Meet at the Illick's Mill parking lot, 100 Illick's Mill Rd, Bethlehem, PA 18017 Posted on meetup.com? YES Leader: Barbara Wiemann 610-262-6977 blwiemann@gmail.com</p>
<p>Thursday 4-11-19 6:00 pm</p> <p>Hike / bike / on-water distance: 3-4 miles</p> <p>Hike rating: A+</p>	<p>Join us for 3-4 mile walk from the Quakertown Chamber of Commerce to the "Park at 4th" in Quakertown.</p> <p>Let's get our blood flowing with a short midweek stroll through Quakertown to the lighted Park at 4th and Mill. We can enjoy some refreshments when we are done walking by meeting back at McCoole's Red Lion Inn for some appetizers and drinks. Thunderstorms or heavy rain cancels.</p> <p>Meeting place: Please meet at 6:00 in the parking lot of the Chamber of Commerce (which is also the McCoole's overflow parking) 21 N Main St, Quakertown, PA 18951 (This is located in town. If you put just the Chamber in your GPS it may take you to the old one on 663.) Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>
<p>Saturday 4-13-19 9:30 am</p> <p>Round trip road miles distance: 40 miles</p> <p>Hike rating: A+</p>	<p>Maintenance Spring cleanup for Lock#2</p> <p>The Allentown Hiking Club maintains a lock along the D&L trail. Lock #2 is in the Lehigh Gorge area. Please bring gloves, lunch and water. Those familiar with this project can meet at the Nesquehoning trestle at about 10:15Am.</p> <p>Meeting place: Meet at Rite Aid pharmacy parking lot in Walnutport. Posted on meetup.com? YES Leader: Jim Gabovitz 610-262-3578 gapples@rcn.com</p>
<p>Tuesday 4-16-19 6:00 pm</p> <p>Hike / bike / on-water distance: 3 miles</p> <p>Hike rating: A+</p>	<p>Week Night walk in West End District, Allentown We will walk through the historic West End District. After the hike optional refreshments at a local restaurant. Thunderstorms or heavy rain cancels</p> <p>Hike: 3 miles Hike rating : A+ Meeting Place: Allentown Farmer's Market/ Agri-Plex parking lot 1825 Chew St, Allentown 18104 Leader; Joyce Partington 908-887-0934</p> <p>Meeting place: see above Posted on meetup.com? YES Leader: Joyce Partington 908-887-0934</p>
<p>Thursday 4-18-19 6:00 pm</p> <p>Hike / bike / on-water distance: 2 miles</p> <p>Hike rating: A+</p>	<p>Weeknight Walks at 6:00 pm - Coopersburg Sage Alley (2 miles) Join us for an easy 2 mile walk around the Streets of Coopersburg</p> <p>Time to get our blood flowing with a short midweek stroll and burn a few calories so we can enjoy some refreshments at the new brewery in Coopersburg, Sage Alley Brewery & Grille Thunderstorms or Heavy rain cancels.</p> <p>Meeting place: Please meet at 6:00 in the Parking lot at The Village Center, 21 N Main Street, Coopersburg, PA 18036 Posted on meetup.com? YES Leader: Michelle Hinkle 484-221-3172</p>



<p>Saturday 4-20-19 9:00 am</p> <p>Hike / bike / on-water distance: 8-9 miles</p> <p>Hike rating: C+</p>	<p>South Mountain Preserve Hike 8-9 mile loop hike on the trails of South Mountain Preserve</p> <p>This preserve features woodland trails, large rock outcroppings, small stream crossings, moderate inclines, and several boardwalks. We will start the hike from Klines Lane parking lot at 9am. Sturdy hiking boots are recommended as the terrain is moderately rocky. Bring water and snacks.</p> <p>Meeting place: Klines Lane parking lot (just east of the 2nd set of RR tracks), Emmaus, PA Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>
<p>Tuesday 4-23-19 6:00 pm</p> <p>Hike / bike / on-water distance: 2 miles</p> <p>Hike rating: A+</p>	<p>Weeknight Walks at 6:00 pm - Center Valley Promenade (2 miles) Join us for an easy 2 mile lighted walk around the Promenade Shops in Center Valley (Window shopping only!)</p> <p>Time to get our blood flowing with a short midweek stroll and burn a few calories so we can enjoy some refreshments when we are done walking. Tuesday is \$5 Burger and fries night at Bar Louie's. Thunderstorms or Heavy rain cancels.</p> <p>Meeting place: Please meet at 6:00 in the Parking lot on the WEST side of LLBean (Promenade entrance from West Saucon Valley Circle). Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>
<p>Wednesday 4-24-19 10:00 am</p> <p>Hike / bike / on-water distance: 3.5 miles</p> <p>Hike rating: A</p>	<p>Hike trails of the Lehigh Gap Nature Center Hike several small trails at the LGNC; meet at the Osprey House.</p> <p>Hike a series of short trails at the LGNC. Meet at the Osprey House hike the Prairie Warbler trail to the LNE come down the Bobolink trail and return on the D & L trail. There will be some elevation change. Wear hiking boots bring water and hiking poles would make the elevation changes easier.</p> <p>Meeting place: LGNC Osprey House Contact Anne Griffin 610-760-0479 with questions Posted on meetup.com? YES Leader: Anne Griffin 610-760-0479</p>
<p>Sunday 4-28-19 9:00 am</p> <p>Round trip road miles distance: 21 miles</p> <p>Hike / bike / on-water distance: 10 miles</p> <p>Hike rating: D</p>	<p>Lehigh Furnace Gap Boulder Field and AT Hike This is a somewhat challenging hike along the Appalachian ridge which will include 1.1 miles on an exposed unstable boulder field and a stop at Outerbridge Shelter. Not for beginners! Many great views north and south!</p> <p>Leaving from and returning to Lehigh Furnace Gap on the AT, this "loop" hike will include portions of the AT as well as the north and south trails on either side of it. If your main purpose is to go fast and get exercise, please consider another hike. We will be moving at a good clip, but stopping to enjoy the vistas and sightings along the way. Numerous views both north and south of the Northeast Extension and Lehigh River. Wear sturdy hiking boots and bring at least 2 liters of water, lunch and snacks. Rain cancels.</p> <p>Meeting place: Please contact Hike Leader for start location (ksnyd82@gmail.com) at least 2 days in advance. Posted on meetup.com? NO Leader: Kerry Snyder 610-737-7768 ksnyd82@gmail.com</p>
<p>Wednesday 5-1-19 7:30 pm</p>	<p>MAY MONTHLY MEETING Presentation followed by Monthly Business Meeting</p> <p>The presentation will be followed by the regular monthly business meeting.</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? YES Leader: Karen Gradel 267-424-4602 Co-leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>



Sunday 5-12-19 9:00 am	Green Lane Reservoir Hike Loop hike around the Green Lane Reservoir
Hike / bike / on-water distance: 13-15 miles	This loop hike will circle the Green Lane Reservoir, affording views of both the lake and countryside. There will be several short climbs and stream crossings. Sturdy hiking boots are recommended. Bring at least 2 liters of water, lunch and snacks. Rain cancels.
Hike rating: E+	Meeting place: Meet at the Park Office at the dead end of Snyder Road, just south of the dam. 2144 Snyder Road Green Lane, PA 18054 Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net
Tuesday 5-14-19 10:00 am	Hike trails of the Lehigh Gap Nature Center Hike a series of trails at the LGNC
Hike / bike / on-water distance: 6 miles	Hike the LNE trail to the Arboretum short road walk to the D & L trail. Return on the D & L trail.
Hike rating: B+	Meeting place: LGNC Osprey House. Any questions contact Anne Griffin 610-760-0479 Posted on meetup.com? YES Leader: Anne Griffin 610-760-0479
Thursday 5-16-19 6:00 pm	Weeknight Walks at 6:00 pm Upper Saucon (3-4 miles) Join us for a walk on the rail trail in Center Valley
Hike / bike / on-water distance: 3-4 miles	Spring is here ~ and the sun is setting later. We will be walking on the towpath for about 45 minutes before turning around and heading back before dark. Afterward we can try out the Copperhead Grill on Route 378 for some refreshments. Thunderstorms or heavy rain cancels.
Hike rating: A	Meeting place: Upper Saucon Township Community Park, Preston Lane, Center Valley/Bethlehem (parking lot by the bathrooms) Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com
Saturday 5-18-19 9:00 am	Natural History Hike at the Lehigh Gap Nature Center Natural History Hike with LGNC
Round trip road miles distance: 6 miles	Little Gap to Lehigh Gap with a difficult decent into Lehigh Gap. Bring Lunch and water. Directions to Osprey House can be found on the Lehigh Gap Nature Center website - http://lgnc.org/how-to-get-here/ .
Hike / bike / on-water distance: 5 miles	Meeting place: Osprey House, 8844 Paint Mill Road, Slatington, PA 18080 Posted on meetup.com? YES Leader: Jim Gabovitz 610-262-3578 gapples@rcn.com
Hike rating: C	
Saturday 5-18-19 4:45 pm	Hike to the Pulpit and Pinnacle under the Full Pink Moon Watch the moonrise from the Pinnacle.
Hike / bike / on-water distance: 8 miles	Please arrive by 4:45pm for a 5:00pm departure. As we will need to make it up to the Pinnacle by sunset, the group will leave on time. Please plan accordingly. Come and watch the full moon rise from the Pinnacle! April's Full Moon, the Full Pink Moon, heralds the appearance of the pink moss, or wild ground phlox—one of the first spring flowers. This is an 8 mile loop hike, starting at the Hamburg Reservoir parking lot and then going up to the Pulpit and Pinnacle for spectacular views of the rising full moon. Moonrise is at 8:08pm and sunset is at 8:16pm. This is not a beginner's hike due to the ~1000' ascent, rocky terrain and nighttime conditions. Sturdy hiking boots are recommended. Bring a headlamp or flashlight, at least 2 liters of water and food/snacks. Rain or cloudy conditions cancels.
Hike rating: C	Meeting place: Hamburg Reservoir parking lot, 420 Reservoir Road Hamburg, PA Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net



<p>Sunday 5-19-19 9:00 am</p> <p>Round trip road miles distance: 20 miles</p> <p>Hike / bike / on-water distance: 11 miles</p> <p>Hike rating: D</p>	<p>AT Section Hike: Eckville to Fort Franklin Road</p> <p>This is a challenging hike which will include a 1000ft+ ascent and some very rocky terrain, and will feature stops at Dan's Pulpit, Balanced Rock, Tri-County Corner & Allentown Shelter. Hopefully, we will catch the Mountain Laurel in bloom!</p> <p>Definitely not for beginners! If you have the stamina for a steep ascent, are a skilled rock hopper, and a fan of great vistas, you should enjoy this hike. If your main purpose is to go fast and get exercise, please consider another hike. We will be moving at a good clip, but stopping to enjoy the vistas and sightings along the way. We'll be doing some shuttling, so I'll be looking for volunteer drivers. Wear sturdy boots and bring at least 2 liters of water, lunch and snacks. No dogs. Rain cancels.</p> <p>Meeting place: Please contact the event leader (ksnyd82@gmail.com) at least 2 days in advance Posted on meetup.com? NO Leader: Kerry Snyder 610-737-7768 ksnyd82@gmail.com</p>
<p>Wednesday 5-22-19 6:00 pm</p> <p>Hike / bike / on-water distance: 3-4 miles</p> <p>Hike rating: A</p>	<p>Weeknight Walks at 6:00 pm - Coopersburg (3-4 miles)</p> <p>Join us for a one hour walk on the rail trail in Coopersburg</p> <p>We will be walking on the towpath for about 45 minutes before turning around and heading back before dark. Afterward we can try out Copperhead Grill. Thunderstorms or Heavy rain cancels.</p> <p>Meeting place: Rail Trail Living Memorial Park, E Landis Street, Coopersburg, PA Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>
<p>Thursday 5-30-19 6:00 pm</p> <p>Hike / bike / on-water distance: 3-4 miles</p> <p>Hike rating: A+</p>	<p>Scenic Lehigh Parkway</p> <p>We will be walking on the paths of the scenic Lehigh Parkway. We will meet at the "L'L-LeHi Trout Nursery" parking lot, 2901 Fish Hatchery Rd. Allentown, 18103. Our walk will include historic Bogart's Bridge.</p> <p>Hike: 3-4 miles Hike rating: A+ Posted on meetup.com Yes Leader; Joyce Partington 908-887-0934</p> <p>Meeting place: see above Posted on meetup.com? YES Leader: Joyce Partington 908-887-0934</p>
<p>Saturday 6-1-19 7:00 pm</p> <p>Round trip road miles distance: 2 miles</p> <p>Hike / bike / on-water distance: 2 miles</p> <p>Hike rating: C</p>	<p>AHC's Annual Whip-poor-will Hike</p> <p>Whip-Poor-Will Hike</p> <p>Meet at Osprey House at 6:45pm, or at Translator Lane at 7:00pm for those who are familiar with this hike. We will hike up Translator Lane to the top of the Mountain, listen for Whip-Poor-Wills and then, hike down the Mountain in the dark. Translator Lane is steep and gravelly. A hiking stick / pole is recommended. Bring water and a flashlight if you want. Directions to Osprey House can be found on the Lehigh Gap Nature Center website - http://lgnc.org/how-to-get-here/</p> <p>Meeting place: Osprey House, 8844 Paint Mill Rd., Slatington, PA 18080 Posted on meetup.com? NO Leader: Jim Gabovitz 610-262-3578 gapples@rcn.com</p>
<p>Tuesday 6-4-19 2:00 pm</p> <p>Hike / bike / on-water distance: 3 miles</p> <p>Hike rating: A+</p>	<p>Ice Cream Hike</p> <p>Neighborhood hike.</p> <p>Meet at the Oakwood Shopping Center parking lot off 873. Road walk to Crystal Springs Creamery for ice cream. The return walk will allow you to work off those calories it will be all uphill.</p> <p>Meeting place: Oakwood Shopping Center Rte. 873 Any questions contact Anne Griffin 610-760-0479 Posted on meetup.com? YES Leader: Anne Griffin 610-760-0479</p>



<p>Wednesday 6-5-19 6:00 pm</p> <p>Hike / bike / on-water distance: 1.5 miles</p> <p>Hike rating: A+</p>	<p>Weeknight Walks (Allentown) Join us for a short walk before the Allentown Hiking Club Meeting</p> <p>Let's get a little exercise before the meeting starts. We will meet at St. Timothy's and walk about .6 miles to Cali Burrito on Reading Road to have some dinner. Afterward we'll head back to the church for the club meeting. Thunderstorms or heavy rain cancel the walk</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? NO Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>
<p>Wednesday 6-5-19 7:30 pm</p>	<p>JUNE MONTHLY MEETING Monthly Business Meeting followed by hike scheduling for the summer Regular monthly business meeting followed by hike scheduling for July, August and September. Hike leaders, please come prepared to list your hikes on the upcoming calendar to prevent duplication and overlaps.</p> <p>Meeting place: St. Timothy's Lutheran Church, 140 South Ott Street, Allentown, PA Posted on meetup.com? YES Leader: Karen Gradel 267-424-4602 Co-leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>
<p>Sunday 6-9-19 9:00 am</p> <p>Hike / bike / on-water distance: 8 miles</p> <p>Hike rating: C+</p>	<p>Walking Purchase Park Loop Hike This is a pleasant, moderately challenging hike along various mountain bike trails in a section of old growth forest in the slopes above the Lehigh River in Fountain Hill. Last year at this time the Tulip Poplar was in full fragrant bloom.</p> <p>If your main purpose is to go fast and get exercise, please consider another hike. We will be moving at a good clip, but stopping to enjoy the vistas and sightings along the way. There are some wet areas and plenty of rocks, so please wear sturdy boots and bring at least 2 liters of water, lunch and snacks. Rain cancels.</p> <p>Meeting place: Please contact hike leader (ksnyd82@gmail.com) for starting location at least 2 days in advance. Posted on meetup.com? NO Leader: Kerry Snyder 610-737-7768 ksnyd82@gmail.com</p>
<p>Wednesday 6-12-19 6:00 pm</p> <p>Hike / bike / on-water distance: 3-4 miles</p> <p>Hike rating: A</p>	<p>Weeknight Walks at 6:00 pm (Hellertown) Join us for a walk on the rail trail in Hellertown, PA We'll walk on the rail trail for about 40 minutes before turning around and heading back before dark. Afterward we can try out Lost Tavern Brewing on Main Street. They have a food truck until 8:30 pm. Meet by the bathrooms at Water Street Park. Heavy rain cancels.</p> <p>Meeting place: Water Street Park, 90 W Water Street, Hellertown PA Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>
<p>Saturday 6-15-19 10:00 am</p> <p>Hike / bike / on-water distance: 1-2 miles</p> <p>Hike rating: B+</p>	<p>Peace Valley Family Hike - Perkasie/Doylestown (1- 2 miles) Let's take the kids to see the "Pooh" tree</p> <p>The Pooh Tree is a great place for children to visit. The walk is only about a half mile loop and perfect for little ones. It is a wooded trail so strollers would not work well but it is do-able for even toddlers at a slower pace. We'll make the loop for the children and spend a little time exploring the Pooh tree and then head back. If anyone wants to continue exploring trails, we can do that too. According to the Peace Valley website, "Peace Valley offers 14 miles of nature trails in the woods and meadows at the eastern end of Lake Galena. The walking options vary from groomed foot paths near the Nature Center Solar Building to remote hiking trails in the mature woods. The foot paths are generally mowed or graveled and provided with bridges or stone steps at creek crossings."</p> <p>Meeting place: Peace Valley Nature Center, 170 N. Chapman Road, Doylestown, PA 18901 Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>



<p>Sunday 6-16-19 9:00 am</p> <p>Hike / bike / on-water distance: 15 miles</p> <p>Hike rating: E+</p>	<p>Hike Jacobsburg State Park Hike the rolling hills of Jacobsburg State Park</p> <p>We will cover many of the 18 miles of trails this park offers. Trails of varied surfaces are through meadows and forests with rolling hills. Hiking boots recommended and water shoes might be nice to have for a cooling walk through Bushkill Creek. Bring water and lunch/snacks. Steady rain cancels.</p> <p>Meeting place: Meet at the large, triangular parking lot, just south of the park's Environmental Education Center, on Belfast Road. Posted on meetup.com? YES Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>
<p>Thursday 6-20-19 6:00 pm</p> <p>Hike / bike / on-water distance: 2 miles</p> <p>Hike rating: A</p>	<p>Weeknight Walks at 6:00 pm - Richland Township (2 miles) Join us for a one hour walk through Robert O. Keller Memorial Park in Richland Township</p> <p>Spring is here ~ join us for a one hour walk through the nature trail at Robert O. Keller Memorial Park in Richland Township. You can try out the exercise equipment along the way. Thunderstorms or Heavy rain cancels.</p> <p>Meeting place: Please meet at 6:00 pm in the parking lot located next to the Township Building at 1328 California Road. (It's NOT Veteran's Park on Pumping Station - previously there was some confusion with GPS taking people there) Posted on meetup.com? YES Leader: Cynthia Paetow 215-536-7311 cpaetow@hotmail.com</p>
<p>Thursday 6-27-19 8:00 am</p>	<p>Trail Magic Day We will provide food, beverages and treats for Thru-hikers.</p> <p>We always get a great assortment of goodies and supplies. Fresh fruit, vegetables and sweet treats are always popular. You can also contact hike leader to find out what we need. Karen 267-424-4602 or email me at kjgradel@gmail.com.</p> <p>Meeting place: Bake Oven Road Parking lot. GPS Coordinates 40.744544, -75.738112 Posted on meetup.com? NO Leader: Karen Gradel 267-424-4602</p>
<p>Friday 6-28-19 8:00 am</p>	<p>Trail Magic Day We will provide food, beverages and treats for Thru-hikers.</p> <p>We always get a great assortment of goodies and supplies. Fresh fruit, vegetables and sweet treats are always popular. You can also contact hike leader to find out what we need. Karen 267-424-4602 or email me at kjgradel@gmail.com.</p> <p>Meeting place: Bake Oven Road Parking lot. GPS Coordinates 40.744544, -75.738112 Posted on meetup.com? NO Leader: Karen Gradel 267-424-4602</p>
<p>Sunday 6-30-19 9:30 am</p> <p>Hike / bike / on-water distance: 11 miles</p> <p>Hike rating: D+</p>	<p>Hike the Switchback Railroad in Jim Thorpe A moderate hike of the switchback railroad</p> <p>This rugged hike will start at Mauch Chunk Lake Park. We will hike on historic rail beds with a graded ascent to a vista followed by a steep descent back into town. Please bring 2+ liters of water and snacks and wear sturdy hiking boots. Trekking poles are recommended.</p> <p>Meeting place: Meet at Mauch Chunk Lake Park; 625 Lentz Trail, Jim Thorpe, PA 18229 Posted on meetup.com? NO Leader: Paula Uhrin 484-951-4299 jcnj168@ptd.net</p>





MEMBERSHIP APPLICATION

INDIVIDUAL MEMBERSHIP DUES ARE \$10.00 PER CALENDAR YEAR FROM JANUARY TO DECEMBER, AND RENEWALS MUST BE MADE BEFORE JANUARY 31ST TO STAY ON THE CLUB'S MEMBERSHIP ROLLS. DUES CAN BE PAID AT THE MONTHLY MEETING OR MAILED TO THE CLUB

MEMBERSHIP

Paula Uhrin: 283 Ridgeview Drive, Alburtis Pa. 18011

NAME(S):

ADDRESS:

CITY:

STATE:

ZIP:

—

PHONE:

RENEWAL

NEW

EMAIL:

_____ Dues @\$10.00 / \$15.00 Household

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SML	MED	LRG	XLG
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SML	MED	LRG	XLG

_____ Club T-shirt @ \$6.00 + \$3.50 shipping ea.

_____ Club golf shirt @ \$12.00 + \$3.50 shipping ea.

_____ Club Embroidered patch @ \$1.50 + \$.75 shipping ea.

_____ Club window decal @ \$2.50 + \$.75 shipping ea

_____ Club window cling decal @ \$2.50 + \$.75 shipping ea

Checks payable to "Allentown hiking Club"

Total enclosed _____

☐

Yes - Please sign me up for the Allentown Hiking Club's email list --- the AHC Forum





AHC Hike / Event Form - Please fill out all fields and give this to the Hiking Scheduling Coordinator at the scheduling meeting or see page 2 of The Happy Hiker for email and phone contact information.

Date(s): _____ Time: _____
 Leader: _____ email: _____ Phone: _____
 Co-Leader: _____ email: _____ Phone: _____
 Type Of Event (circle one): hike / meeting / maintenance / backpack / other
 Round trip road miles: _____ Hike distance: _____ miles
 Meeting Place: check _____ contact hike leader, or enter directions

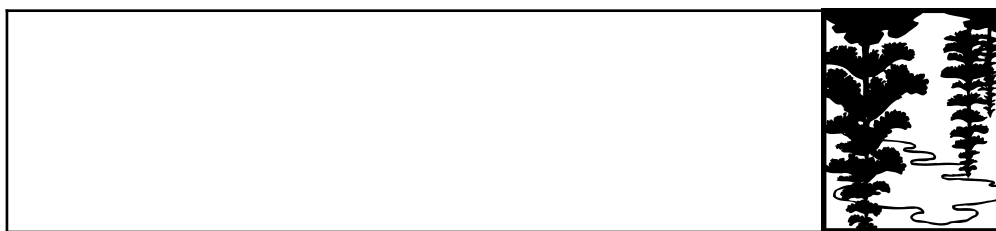
Hike Rating (from AHC Hike Rating System): _____

Add this hike to Meetup.com ? yes / no (select one)
 If yes limit hike to _____ hikers or no limit.

Event Title: _____

Description: A one-sentence description of the event that appears on the website Activities page, the main page, and in the AHC Weekly Update email.

Additional details that appear only on the Activities page



Please Rush-Dated Material

Allentown Hiking Club
 P.O. Box 1542
 Allentown, Pa 18105-1542
www.allentownhikingclub.org

